FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

Students wishing to ride the GET bus for free need to pick up a new bus pass. You can pick up one of the new GET Bus Passes by stopping by Mr. Flores' office before school, at lunch, or after school. CTEC and ROC students may pick up their passes before leaving campus.

CTEC has opened the Evening Logistics and Distribution Class starting Jan 9th. In this class, you will learn how to work in a warehouse, drive a forklift, and other work other equipment while earning 10 credits. Classes will be held at CTEC Tuesday, Wednesday, and Thursday evenings from 5:30pm to 8:30pm. There is a bus to and from Foothill. If you are interested in adding this class, speak with your counselor asap so we can get you signed up.

Get ready to pump up the spirit and show off those cheer skills! Foothill is on the hunt for new cheerleaders, and you could be the one! Pop into room 610 for a crucial meeting on Friday, Nov 3, right after school to get the lowdown on how to join our awesome squad. Ready to show off your moves? Tryouts kick off on Monday and run through Thursday after school. Don't miss out on this chance to make some noise!

Do you like a good murder? Do you want to try to figure out who did it? Do you like a good Soap Opera? If so, come see the Foothill Drama Club Present the Bold, The Young, and the Murdered this Thursday and Friday at 7:00 or Saturday at 2:00 in the Peg Pauly Auditorium. It only costs \$5! You will have a bloody good time!



Breakfast

Main Entrée

Tutti Fruitti Smoothie

Double Chocolate Chip Muffin

Trix Cereal

Honey Nut Cheerios Cereal Cup

<u>Fruit</u>

Fruit Punch Juice
Petite Banana

Milk

1% Low Fat Milk Lactaid Fat Free Milk Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Nashville Hot Chicken and Waffle

Quinoa Taco Salad Sicilian Pizza

Black Bean Burger

Turkey Ham and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Fruit Punch Juice
Persimmons

Vegetables

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

SPORTS

Friday, Nov. 3

Football: CIF Playoffs at Mendota (7:00pm); bus at

3:00pm, released at 2:30pm

Saturday, Nov. 4

Cross Country: at Kern County Invitational (Hart Park

9:00am), bus 7:00am

CLUBS

Artists, art lovers, and anyone interested - Art Club will meet Thursday during lunch in room 1001. Bring your lunch make Spooky-themed art with us while we talk about our next art club activities.

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

