

# FOOTHILL HIGH SCHOOL

## BULLETIN

### TROJANS

Attention Seniors: If you have not completed or started your CSU/UC applications, November 30<sup>th</sup> is the deadline. Please stop by the Career Center during lunch for help.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Trojans, can you believe the semester is almost over? That means before we know it, January and the winter formal will be here. Stay tuned to Instagram and the announcements for information on how and when to get your ticket.

### SPORTS

#### Wednesday, Nov. 29

Girls Basketball: Varsity at Corcoran Tourney (vs. Kern Valley 3:30pm); bus 12:30pm, excused 12:15pm

#### Thursday, Nov. 30

Girls Basketball: Varsity at Corcoran Tourney (vs. Wond CP 3:30pm); bus 12:30pm, excused 12:15pm

Boys/Girls Wrestling: at East (JV B 5:00pm/Var G 6:00pm/Var B 7:00pm); bus 2:00pm, excused 1:30pm

Boys Soccer: at Highland (FS 3:30pm/JV 4:30pm/Var 6:00pm); bus 2:00pm, excused 1:30pm

Girls Soccer: vs. Highland (FS 3:30pm/JV 4:30pm/Var 6:00pm); FS excused 2:30pm

#### **Breakfast**

##### Main Entrée

Pancake Sausage on a Stick

Apple Nada

Trix Cereal

Honey Nut Cheerios Cereal Cup

Cocoa Puffs Cereal

##### Fruit

Very Berry Juice

Grapes

##### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

#### **LUNCH MENU**

##### Main Entrée

Chicken Pozole

Chef Salad

Extreme Burrito

Spinach and Cheese Calzone

Turkey Ham and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

##### Fruit

Orange

Kiwi's

##### Vegetables

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

##### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk



### **Friday, Dec. 1**

Boys Basketball: JV at East Tourney, bus 2:00pm, excused 1:30pm; FS at Foothill Tourney (West 3:00pm), excused 2:00pm

Girls Basketball: Varsity at Corcoran Tourney (vs. Corcoran 6:30pm), bus 3:15pm, excused 2:45pm; FS at Arvin Tourney (Bus 2:00pm, exc. 1:30pm)

Wrestling: Var Girls at Monache Trny (2 vans 5:00am)

Boys Soccer: JV at Liberty Tourney (bus 11:00am, excused 10:32am)

### **Saturday, Dec. 2**

Boys Basketball: JV at East Tourney (Time TBD, bus 7:00am); FS at Foothill Tourney (Time TBD)

Girls Basketball: Varsity at Corcoran Tourney (Time TBD, bus TBD); FS at Arvin Tourney (Time TBD, bus 7:00am)

Wrestling: Var Boys at Newbury Park (2 vans 4:00pm

Friday); JV Boys at Cotton Classic (bus 6:00am); Var Girls at Monache Trny (2 vans 5:00am)

Boys Soccer: JV at Liberty Tourney (bus 11:00am)

### **CLUBS**

History club meeting on Thursday at lunch in room 912 (Mr. Rose's) Meeting agenda will include a recap of our first field trip, the Oral history project and t shirt fundraiser. History club, the best club on campus. Everyone is welcome.

Do you like K Pop? Do you want to learn K Pop dances and talk about your biases? Then look no further than the new K Pop Club! Our first meeting will be this Friday 12/1 during lunch in room I-1 and we will be meeting every Wednesday after school and Friday during lunch after! Come and meet other K Pop fans as we talk about, watch, and dance like our favorite K Pop groups. Whether a hard-core fan or a newcomer, all are welcome!

