

FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

Attention Seniors: If you have not completed or started your CSU/UC applications, November 30th is the deadline. Please stop by the Career Center during lunch for help.

Seniors – if you have not yet taken your senior picture at InMotion Studios, there will be an on campus makeup picture day next Tuesday. For more information, see the school Instagram or senior page on the website.

CTEC has opened the Evening Logistics and Distribution Class starting Jan 9th. In this class, you will learn how to work in a warehouse, drive a forklift, and other work other equipment while earning 10 credits. Classes will be held at CTEC Tuesday, Wednesday, and Thursday evenings from 5:30pm to 8:30pm. There is a bus to and from Foothill. If you are interested in adding this class, speak with your counselor asap so we can get you signed up.

The counseling department will be starting Happiness Hangouts. We will be inviting students to a monthly meet-up to learn skills for overcoming hardship. Each month we will have a different lesson/topic and an activity to follow. Please come join us on Monday, November 13th at 2:30pm in the Career Center for an after-school activity on gratitude/journaling. It will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Breakfast

Main Entrée

EggStravaganza Bowl

Goodybun

Trix Cereal

Honey Nut Cheerios Cereal Cup

Fruit

Fruit Punch Juice

Petite Banana

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Turkey & Gravy over Potatoes

Quinoa Taco Salad

Sicilian Pizza

Black Bean Burger

Turkey Ham and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Strawberry Kiwi Juice

Persimmons

Vegetables

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk



SPORTS

Fall Athletic Awards will be held on Monday, Nov. 13, at 6:00pm in the Peg Pauley Auditorium. All fall athletes and their families are welcome.

Fall Hall of Fame Awards will be held on Tuesday, Nov. 14, at 11:45am outside the main office in the quad. All students and staff are invited.

Thursday, Nov. 9

Boys Basketball: Scrimmage at South (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:30pm

Girls Basketball: Scrimmage vs. Matilda Torres (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Cross Country: Horizon League Championship (at Hart Park 11:00am); bus 9:00am

CLUBS

History club meeting today in Mr. Rose's classroom (912) We will talk about t shirt sales and our upcoming field trip. HISTORY CLUB!!! Best club on campus!!! Everybody is welcome.

Attention students, interested in joining a newsgathering club that will put on daily newscast for Foothill? Come join the Journalism club meeting every Thursday in room 808.

Do you want to be part of the Foothill Drumline, come out to some workshops next Monday, Tuesday, and Wednesday, November 13th-15th. The auditions will be 6-9 p.m. every night. Once rehearsals begin, they will be on Tuesday-Thursday 6-9 and competitions against other schools during the season will be on Saturdays from February till April. We also need an actor for a non-speaking role in our show. See Mr. Barker in room 804 at lunch if you have questions or need a packet.

