

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

SPORTS

Friday, Dec. 1

Boys Basketball: JV at East Tourney, bus 2:00pm, excused 1:30pm; FS at Foothill Tourney (West 3:00pm), excused 2:00pm

Girls Basketball: Varsity at Corcoran Tourney (vs. Corcoran 6:30pm), bus 3:15pm, excused 2:45pm; FS at Arvin Tourney (Bus 2:00pm, exc. 1:30pm)

Wrestling: Var Girls at Monache Trny (2 vans 5:00am)

Boys Soccer: JV at Liberty Tourney (bus 11:00am, excused 10:32am)

Saturday, Dec. 2

Boys Basketball: JV at East Tourney (Time TBD, bus 7:00am); FS at Foothill Tourney (Time TBD)

Girls Basketball: Varsity at Corcoran Tourney (Time TBD, bus TBD); FS at Arvin Tourney (Time TBD, bus 7:00am)

Wrestling: Var Boys at Newbury Park (2 vans 4:00pm Friday); JV Boys at Cotton Classic (bus 6:00am); Var Girls at Monache Trny (2 vans 5:00am)

Boys Soccer: JV at Liberty Tourney (bus 11:00am)

Breakfast

Main Entrée

- Sausage Biscuit Sandwich
- Apple Cinnamon Oatmeal Round
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Cocoa Puffs Cereal

Fruit

- Very Berry Juice
- Blueberries

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Bone-in Chicken Wings
- Asian Salad
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey Ham and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Fresh Pineapple
- Unsweetened Applesauce

Vegetables

- Spinach
- Fresh Cucumber
- Roasted Corn
- Black Beans
- Grape Tomatoes
- Carrots
- Broccoli

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk



CLUBS

Do you like K Pop? Do you want to learn K Pop dances and talk about your biases? Then look no further than the new K Pop Club! Our first meeting will be this Friday 12/1 during lunch in room I-1 and we will be meeting every Wednesday after school and Friday during lunch after! Come and meet other K Pop fans as we talk about, watch, and dance like our favorite K Pop groups. Whether a hard-core fan or a newcomer, all are welcome!

Ecology clubs first meeting is tomorrow! If you care about the environment and want to make a difference, this club is for you. Join us to tomorrow during lunch in Room 602, everyone is welcome!

