

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

Seniors, did you miss the deadline for the CSU application? 12 campuses have extended their deadlines. See your counselor or the Career Center to see which schools!

Come join the counseling department for our December Happiness Hang out! This month our topic is Grief, and we will have an ornament decorating activity after our lesson. Please come join us on Tuesday, December 19th during lunch in the Career Center. This activity/lesson will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

Come join the visual and performing arts department in a Holiday Extravaganza! Today 12/14 @ 6:30. Come see a showcase of all the students work with an art gallery, and performances from the bands, choirs, drama, and colorguard. \$5 at the door gets you a night of fun and holiday cheer! All family and friends are welcome as well!

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Breakfast

Main Entrée

- EggStravaganza Bowl
- Goody Bun
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Cocoa Puffs Cereal

Fruit

- Fruit Punch Juice
- Petite Banana

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Turkey & Gravy over Potatoes
- Quinoa Taco Salad
- Beef Taco Crisp
- Sicilian Pizza
- Black Bean Burger
- Turkey Ham and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Persimmons
- Very Berry Juice

Vegetables

- Spinach
- Fresh Cucumber
- Roasted Corn
- Black Beans
- Grape Tomatoes
- Carrots
- Broccoli

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk



SPORTS

There will be an informational meeting for anyone interested in joining the track team this Thursday at lunch in room 809.

Thursday, Dec. 14

Boys Basketball: at Tehachapi (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:30pm

Girls Basketball: vs. Tehachapi (JV 5:15pm/Var 6:30pm)

Boys Soccer: at Tehachapi (FS 3:30pm/JV 4:30pm/Var 6:00pm); bus 2:00pm, excused 1:30pm; van 4:00pm

Girls Soccer: vs. Independence (FS 3:30pm)/Tehachapi (JV 4:30pm/Var 6:00pm); FS excused 2:30pm

Friday, Dec. 15

Boys Basketball: vs. North (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Boys Soccer: Var at Liberty Tourney (11:30am/2:30pm); bus 9:30am, excused 9:00am

Girls Wrestling: at West Coast Tourney of Champions; excused all day; 2 vans.

Saturday, Dec. 16

Boys Basketball: JV at McFarland Tourney; bus 8:00am

Boys Soccer: Var at Liberty Tourney (9:00am); bus 7:30am

Boys Wrestling: at Kevin Harvick Duals (North); 2 vans

Girls Wrestling: at West Coast Tourney of Champions; 2 vans.

CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. The Bible club will be meeting this Tuesday and Thursday at lunch in room 910.

All history club members if you plan on going to the field trip to the Reagan library you need to get your permission slips signed and turned into Mr. Rose by this Thursday 12/14.

