

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

SPORTS

(DEC 27-JAN 4)

Wednesday, Dec. 27

Girls Basketball: at Arvin Tourney (at Foothill vs. Chavez 1:00pm)

Thursday, Dec. 28

Girls Basketball: at Arvin Tourney (at Foothill vs. TBD)

Friday, Dec. 29

Girls Basketball: at Arvin Tourney (site TBD)

Saturday, Dec. 30

Boys Wrestling: at Dinuba Invitational

Thursday, Jan. 4

Girls Soccer: Varsity at Frontier Tourney (bus 8:15am)

Friday, Jan. 5

Girls Basketball: at Parlier (JV 4:00pm/Var 5:30pm); bus 1:00pm

Boys Wrestling: at Redwood Tourney (1 van)

Girls Wrestling: at North Tourney (2 vans)

Girls Soccer: Varsity at Frontier Tourney (bus 8:15am or 12:15pm)

Saturday, Jan. 6

Boys Wrestling: Varsity at Redwood Tourney (1 van); JV at Golden Valley Tourney (bus 6:00am)

Girls Wrestling: at North Tourney (2 vans)

Breakfast

Main Entrée

Country Breakfast Scramble
Burrito

Honey Bun

Trix Cereal

Honey Nut Cheerios Cereal
Cup

Cocoa Puffs Cereal

Fruit

Very Berry Juice

Grapes

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Ramen Soup

Extreme Burrito

Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Orange

Kiwi

Vegetables

Spinach

Fresh Cucumber

Corn

Black Beans

Grape Tomatoes

Carrots

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

