December 21, 2023

12/18/23-12/22/23

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

SPORTS

(DEC 27-JAN 4)

Wednesday, Dec. 27

Girls Basketball: at Arvin Tourney (at Foothill vs. Chavez

1:00pm)

Thursday, Dec. 28

Girls Basketball: at Arvin Tourney (at Foothill vs. TBD)

Friday, Dec. 29

Girls Basketball: at Arvin Tourney (site TBD)

Saturday, Dec. 30

Boys Wrestling: at Dinuba Invitational

Thursday, Jan. 4

Girls Soccer: Varsity at Frontier Tourney (bus 8:15am)

Friday, Jan. 5

Girls Basketball: at Parlier (JV 4:00pm/Var 5:30pm); bus

1:00pm

Boys Wrestling: at Redwood Tourney (1 van) Girls Wrestling: at North Tourney (2 vans)

Girls Soccer: Varsity at Frontier Tourney (bus 8:15am or

12:15pm)

Saturday, Jan. 6

Boys Wrestling: Varsity at Redwood Tourney (1 van); JV at

Golden Valley Tourney (bus 6:00am)

Girls Wrestling: at North Tourney (2 vans)

Breakfast

Main Entrée

Tutti Fruitti Smoothie Double Chocolate Chip Muffin

Trix Cereal

Honey Nut Cheerios Cereal Cup

Cocoa Puffs Cereal

<u>Fruit</u>

Fruit Punch Juice
Petite Banana

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Beef Taco Crisp Black Bean Burger Spicy Chicken Sandwich Uncrustable PB&J Sandwich

Fruit

Fruit Punch Juice
Persimmons

Vegetables

Spinach

Fresh Cucumber

Corn

Black Beans

Grape Tomatoes

Carrots

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

