

FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

Seniors, did you miss the deadline for CSU application? 12 campuses have extended their deadlines. See your counselor or the Career Center to see which schools!

Come join the counseling department for our December Happiness Hang out! This month our topic is Grief, and we will have an ornament decorating activity after our lesson. Please come join us on Tuesday, December 19th during lunch in the Career Center. This activity/lesson will be available to the first 40 students who sign up. If you have questions, please stop by the counseling office.

Trojans, Nickel, Dime, and Quarter Days are back! On December 12th, 13th, and 14th, we will be collecting nickels, dimes, and quarters in your 2nd period class. Show your Trojan Spirit and help raise money for fellow students and their families who might need help this holiday season. #WeAreTrojans

The semester is almost over but you still have some time to study and work on those grades. Next week come to tutoring in the cafeteria on Tuesday, Wednesday, and Thursday from 3:45-4:45 and get some help or have a quiet place to get some work done.

Don't let the semester end without earning yourself some more points to add to your Trojan Total. Next week we are celebrating Winter Week with dress up days and chances to check in and earn points. Monday is easy, it's PJ day so stay in your cozies and roll on to class.

Breakfast

Main Entrée

Maple and Brown Sugar
Oatmeal Cup

Mini Breakfast Cluster

Trix Cereal

Honey Nut Cheerios Cereal
Cup

Cocoa Puffs Cereal

Fruit

Very Berry Juice

Blueberries

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Orange Chicken & Fried Rice

Asian Salad

Extreme Burrito

Spinach and Cheese Calzone

Turkey Ham and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

Fruit

Fresh Pineapple

Unsweetened Applesauce Cup

Vegetables

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk



SPORTS

There will be 1 last informational baseball meeting before the year ends on Wednesday, December 13th at the beginning of lunch in room 709. Anyone interested in playing baseball this year should attend. If you are unable to attend, please see Coach Ontiveros as soon as possible. First day of baseball conditioning starts January 8th after school and you must have your physical completed, along with your paperwork to participate.

Friday, Dec. 8

Boys Basketball: Var at North Tourney (TBD, bus TBD, excused TBD)

Girls Basketball: JV at McFarland Tourney (3:30pm); bus 1:00pm, excused 12:30pm

Boys Soccer: Var at Lindsay Tourney (1:50pm/4:30pm); bus 11:15am, excused 11:00am; FS at South Tourney (at KC Soccer Park); bus 9:00am, excused 8:30am

Girls Soccer: Var/JV/FS at South Tourney (at KC Soccer Park); bus 10:00am, excused 9:30am

Girls Wrestling: at East (Coyote Classic); bus 6:00am

Saturday, Dec. 9

Boys Basketball: Var at North Tourney (TBD, bus TBD, excused TBD)

Girls Basketball: JV at McFarland Tourney (10:40am); bus 8:30am

Boys Soccer: Var at Lindsay Tourney (11:40am); bus 8:30am; FS at South Tourney (at KC Soccer Park); bus 9:30am

Girls Soccer: Var/JV/FS at South Tourney (at KC Soccer Park); bus 8:15am

Boys Wrestling: Angel Calderon Inv (at Foothill); 9:00am

CLUBS

Do you like K Pop? Do you want to learn K Pop dances and talk about your biases? Then look no further than the new K Pop Club! Our next meeting will be this Friday during lunch in room I-1. Come and meet other K Pop fans as we talk about, watch, and dance like our favorite K Pop groups. Whether a hard-core fan or a newcomer, all are welcome!

