



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



WEDNESDAY, FEBRUARY 1, 2023

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Country Breakfast Scramble
- Honey Bun
- Lucky Charms Cereal
- Cocoa Puffs Cereal
- Honey Nut Cheerios

Fruit

- Grapes
- Very Berry Juice

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- Orange Chicken & Fried Rice
- Chicken Filet Salad
- Extreme Burrito
- Fiestada
- Turkey, and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Orange
- Raisins

Vegetables

- Mixed Vegetables
- Bagged Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

TROJANS

This year's Black History Month Theme is: Historically Black Colleges and Universities: **Howard University** in Washington, DC was founded in November 1866, shortly after the end of the Civil War, members of the First Congregational Society of Washington considered establishing a theological seminary for the education of African American clergymen.

It's rally week and that means all kinds of opportunities for you to earn points, dress up, and have some fun. Are you country or country club today? Make sure during lunch, after you check out all the yummy snacks and treats at the food fair, to stop by the table outside activities to check in. Remember that when you check in, you earn points for yourself AND your class. Yesterday seniors and staff team black had the most students checking in. Who will it be today? Tomorrow's theme is hero or villain.

CLUBS

Do you like to sing? Do you like to dance? Have you ever wanted to perform on stage? If so, auditions are coming up for the spring musical of Joseph and the Amazing Technicolor Dreamcoat. Come sing a song after school today in L3, the Auditorium. If you have questions, please ask Ms. Worley in L3.

The chess club meeting for this week has been canceled. Meetings will continue February 8th.

SPORTS

Wednesday, Feb. 1

Boys Basketball: at Del Oro (at North HS Old Gym) (FS 4:00pm/JV 5:15pm); bus 2:00pm, excused 1:45pm

Girls Basketball: vs. Del Oro (JV 5:15pm)

Boys Soccer: at Del Oro (FS 3:30pm/JV 4:30pm); bus 2:00pm, excused 1:45pm

Girls Soccer: vs. Del Oro (FS 3:30pm/JV 4:30pm); FS excused 2:30pm

Boys/Girls Wrestling: at SYC Championships (6:00pm, Centennial HS); 3 vans 3:30pm

Friday, Feb. 3

Boys Basketball: vs. Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Girls Basketball: at Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:45pm

Boys Soccer: vs. Arvin (FS 3:30pm/JV 4:30pm/Var 6:00pm); FS excused 2:30pm

Girls Soccer: at Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:45pm

WELCOME BACK TROJANS!

1/30/23 – 2/3/23

MONDAY Early Out

TUESDAY-FRIDAY
8:30-3:25 PM

WEDNESDAY
Country or
Country Club
&
Food Fair

THURSDAY
Hero or Villain

FRIDAY
9&10th Grade:
Wear Gold
11 & 12th
Grade: Wear
Black
Staff: Wear
Gold or Black