



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Country Breakfast Scramble

Burrito

Honey Bun

Trix Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

Fruit

Grapes

Very Berry Juice

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Orange Chicken & Fried

Rice

Chicken Filet Salad

Extreme Burrito

Fiestada

Turkey, and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J

Sandwich

Fruit

Orange

Raisins

Vegetables

Mixed Vegetables

Bagged Carrots

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

WEDNESDAY, MARCH 15, 2023

TROJANS

Trojans! It's once again time to save lives! You have helped save 279 lives so far this year, but we aren't done! We have one more blood drive this year and we want to show Bakersfield how much Trojans Care! Our final Blood Drive of the year will be on March 29th. See Ms. Miller in the Counseling Office to pick up your form or see the table in the quad before school and at lunch. You must be 16 to donate.

Would you like to be a part of creating campus activities? Do you have ideas about how to improve campus culture and school spirit? Do you want to make sure your voice is heard and help lead your fellow students? If you answered yes to any of these questions, then you need to apply for a position with Foothill Student Council. Applications are now open to apply for next year's ASB leadership team. You can apply online with the link in the school's Instagram bio or stop by the Athletics or Activities office for a paper copy. Applications are due by next Friday.

Attention creative Trojans! The Foothill virtual art show is back! If you have a piece of art you would like to show off to the world look for the flyer around campus and on social media to submit your work. All work at all levels is wanted, prizes will be given!

Hey Sophomores and Juniors! Don't forget to get your applications in to be a Link Leader for the next school year! If you want to welcome in next year's freshmen and be a mentor to them, then stop by 603 or 815 for an application or scan a QR code to access our digital format. Applications are due by this Thursday, so hurry now.

SPORTS

Wednesday, March 15

Softball: Var/JV at East (4:00pm); bus 2:00pm, excused 1:45pm

Thursday, March 16

Baseball: Var/JV at East (4:00pm), bus 2:00pm, excused 1:45pm; FS vs. East (4:00pm), excused 2:45pm

Softball: Var at Mira Monte Tourney (vs. Cal City 5:00pm), bus 2:00pm, excused 1:45pm

Boys Tennis: Var at Arvin (4:00pm), van 2:45pm, excused 2:30pm; FS vs. Arvin (4:00pm), excused 3:00pm

Friday, March 17

Track and Field: Foothill Co-Ed Invitational (3:30pm), excused 2:00pm

Swimming: vs. East (at Jefferson Park 3:30pm), bus 2:00pm, excused 1:45pm

Saturday, March 18

Softball: Var at Mira Monte Tourney (vs. TBD); bus 7:00am or 8:30am

WELCOME BACK TROJANS!

3/13/23 – 3/17/23

THURSDAY

Fire,

Lockdown, and

Evacuation

Drill @ 9:50am

FRIDAY

Staff Breakfast

Sponsored by

World

Language and

P.E. Dep.