



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN

TUESDAY, MARCH 21, 2023



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

- Strawberry Parfait
- Breakfast Pizza
- Trix Cereal
- Cocoa Puffs Cereal
- Honey Nut Cheerios

Fruit

- Fruit Punch
- Pear

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

- Rotini and Meat Sauce
- Sicilian Pizza
- Black Bean Burger
- Turkey, and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J

Sandwich

Fruit

Apple

Very Berry Juice

Vegetables

- Carrot Ranch Snacker
- Green Beans

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

TROJANS

Trojans! It's once again time to save lives! You have helped save 279 lives so far this year, but we aren't done! We have one more blood drive this year and we want to show Bakersfield how much Trojans Care! Our final Blood Drive of the year will be on March 29th. See Ms. Miller in the Counseling Office to pick up your form or see the table in the quad before school and at lunch. You must be 16 to donate.

Do you have ideas about things you want to see happen on campus? Would you like to be a part of the team who makes decisions about spirit weeks, lunchtime activities, and more? Then student government is where you need to be. Applications are now open for all ASB, Class Officer, and Commissioner positions but you have to get your application in by this Friday. Check the link in our Instagram bio or stop by the athletic or activity office for a paper copy. Applications are open for all Foothill freshmen, sophomores, and juniors so get your application turned in this week and be a part of your campus culture.

Tonight is our annual Trojan Showcase welcoming in our incoming freshmen for the 23-24 school year. If you have siblings or friends who will be freshmen next year, be sure to get them to the auditorium by 5:45 tonight to join us for an important night to start their high school journey. More information can be found on the school website and on the school's Instagram page.

Did you dress up like your younger self today? If so, make sure you check in at lunch to get your points. The sophomores are close to catching up to 2nd place but both freshmen and sophomores are getting closer to the seniors so be sure to check in and get your points. Due to the weather today, we will be doing check in at the table inside the cafeteria. And since it is a Trojan Tuesday, that means you also can turn in tickets and tokens today at that same table. Tomorrow's dress up is Little League Day.

SPORTS

Tuesday, March 21

- Baseball: JV/FS vs. Del Oro (4:00pm), excused 2:45pm
- Softball: JV/FS vs. Del Oro (4:00pm), excused 2:45pm
- Boys Tennis: Varsity at Golden Valley (4:00pm), van 2:45pm, excused 2:30pm; JV vs. Golden Valley (4:00pm), excused at 2:45pm
- Boys Golf: SYHL Meet 1 (at Buena Vista GC – 12:00pm); van 10:00am

Thursday, March 23

- Baseball: Var/JV at Arvin (4:00pm), bus 2:00pm, excused 1:45pm

Friday, March 24

- Boys Tennis: Varsity at Lynch Cup (Frontier 8:00am), van 7:00am; JV at West Tourney (West 2:30pm), van 1:00pm, excused 12:45pm

WELCOME BACK TROJANS!

3/20/23 – 3/24/23

MONDAY Early Out

**TUESDAY-FRIDAY
8:30-3:25 PM**

TUESDAY
Little Me Day:
Dress like your younger selves.

WEDNESDAY
Little League Day: Wear your little league jersey or favorite sports team.

THURSDAY
Flash to the Future: Dress as your future Career or adult Self

FRIDAY
Back to the Past: Dress as your favorite childhood Show, cartoon, or game!

Boys/Girls Track and Field: at Exeter Invitational, bus 10:30am, excused
10:00am

Boys/Girls Swimming: at Golden Valley (3:30pm, at Kern Aquatic Center), bus
2:00pm, excused 1:45pm

Saturday, March 25

Boys Tennis: Varsity at Lynch Cup (Frontier 8:00am), van 7:00am; JV at West
Tourney (West 9:45am), van 7:45am

