



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



WEDNESDAY, MARCH 8, 2023

#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Pancake Sausage on a Stick

Apple Nada

Trix Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

Fruit

Grapes

Very Berry Juice

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Chicken Strips w/Fries

Chicken Filet Salad

Extreme Burrito

Fiestada

Turkey, and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J

Sandwich

Fruit

Orange

Raisins

Vegetables

Bagged Carrots

Steamed Broccoli

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

TROJANS

Trojans, on Friday, March 10th your counselors will be out during lunch. They will have the Wheel of Prizes and items from the Trojan Pantry for you to check out.

Attention creative Trojans! The Foothill virtual art show is back! If you have a piece of art you would like to show off to the world look for the flyer around campus and on social media to submit your work. All work at all levels is wanted, prizes will be given!

Are you interested in taking an ROC or CTEC class next school year? The application deadline is this Friday and today at lunch Ms. Hughes from the ROC/CTEC center will be on campus during lunch to answer any questions you may have and give you more information. Stop by and see Ms. Hughes at the table outside the activities office today at lunch.

Seniors – panoramic class pictures are available in the Finance Office for \$12 while supplies last. Be sure to stop by and grab one before they are gone.

CLUBS

Game Club will be meeting on Friday during lunch in room 1-10, bring your card games, personal devices and friends!!!

SPORTS

Wednesday, March 8

Baseball: Var/JV vs. North (3:30pm), excused 1:45pm; FS at North (3:30pm), bus 2:00pm, excused 1:45pm

Boys Tennis: Var at East (3:30pm), van 2:00pm, released at 1:45pm; JV vs. East (3:30pm), excused 2:30pm

Track and Field: SYHL Cluster Meet 1 (3:30pm Throws, 4:00pm Running Events), excused 1:45pm

Thursday, March 9

Softball: Var/JV at North (3:30pm), bus 1:45pm, excused 1:30pm

Friday, March 10

Baseball: Var/JV at RFK (Delano) (3:30pm), bus 1:30pm, excused 1:15pm; FS vs. RFK (3:30pm), excused 2:15pm

Softball: Var/JV vs. South (3:30pm), excused 1:45pm; FS at South (3:30pm), bus 2:00pm, excused 1:45pm

Boys Tennis: at Wasco Tourney (vs. Highland 2:00pm, vs. Wasco 4:00pm), van 12:00pm, excused 11:45am

Spring Athletic Pictures for Swimming (BC 5:30pm)

Saturday, March 11

Track and Field: at Central Valley Christian Invitational; bus 6:30am

WELCOME BACK TROJANS!

3/6/23 – 3/10/23

MONDAY

Early Out

TUESDAY-FRIDAY

8:30-3:25 PM