



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

DAILY BULLETIN

TUESDAY, MAY 16, 2023



### #WeAreTrojans

#### DAILY BREAKFAST MENU

##### Main Entrée

Cinnamon Toast Soft Filled Bar

Peach Parfait

Trix Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

##### Fruit

Fruit Punch Juice

Pear

##### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

#### DAILY LUNCH MENU

##### Main Entrée

Pasta Alfredo

Sicilian Pizza

Black Bean Burger

Turkey, and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J

Sandwich

##### Fruit

Apple

Very Berry Juice

##### Vegetables

Grape Tomato

Steamed Broccoli

##### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

### TROJANS

Are you interested in ROC but you didn't get into a daytime program? Do you need extra credits? The evening ROC application opens on Monday. Classes meet Tuesday, Wednesday, and Thursday from 5:30-8:30. There is a bus to and from Foothill. These classes earn you 10 credits a semester. The application is on the ROC website. The programs are first come, first serve, so apply right away if you are interested! See your counselor for more information.

You are running out of time to be a part of the Trojan Advocacy Center's Summer Donation Drive! Boxes for your 1<sup>st</sup> period class are in your teachers rooms and all donations will go to the Bakersfield Homeless Center and we are looking for items such as socks, t-shirts, toothpaste, toothbrush, body wash, feminine products, and sunscreen. When you donate you are making a difference in our community, and you have a chance of your class winning a pizza party. The drive ends tomorrow, so let's see what Trojans can do for their community!

Senior sunset spots are going fast so get yours while they last. Students who purchased a senior package need to get a permission slip turned in ASAP. All permission slips must be turned in by TOMORROW in order to go on the trip.

Today is a Trojan Tuesday. If you have tickets or tokens to turn in, be sure to bring them over the table outside the Activities Office today during lunch.

### SPORTS

Students there will be a meet and greet with the FS/JV volleyball coaches on May 16<sup>th</sup> at 3:45 in room I-13.

#### Wednesday, May 17

Baseball: CIF Playoffs (Lone Pine High School) (3:15pm) – vans leave @ 10am

#### Friday, May 19

Baseball: CIF Playoffs (Dependent on Wednesday's result)

Track and Field: Section Meet (TBD)

### WELCOME BACK TROJANS!

5/15/23 – 5/19/23

#### MONDAY

Early Out

#### TUESDAY-THURSDAY

8:30-3:25 PM

#### FRIDAY

8:30-1:25 PM

(2 Hour Early

Out)

#### WEDNESDAY

Cap and Gown

Delivery

#### THURSDAY

Most Improved

Student Awards

Night

#### FRIDAY

Senior Sunset