



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



FRIDAY, MAY 19, 2023

#WeAreTrojans

TROJANS

WELCOME BACK TROJANS!

5/15/23 – 5/19/23

DAILY BREAKFAST MENU

Main Entrée

Maple & Brown Sugar Oatmeal Cup
Mini Breakfast Cluster
Trix Cereal

Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Very Berry Juice
Petite Banana

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

BBQ Pulled Pork Sandwich
Mac & Cheese
Chef Salad
Extreme Burrito
Turkey, and Cheese Sub
Cheeseburger
Spicy Chicken Sandwich
Uncrustable PB&J
Sandwich

Fruit

Granny Smith Apple
Unsweetened Applesauce
Cup

Vegetables

Zucchini Coins
Chili Pinto Beans

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

Seniors in Apex, TODAY is the deadline to complete a class for graduation purposes. You must be done with your Apex class by the end of the school day today to receive credit for graduation. See Ms. Miller if you have any questions.

Seniors, if you still need to pick up your cap & gown, you can get them Monday at lunch at the Activities Office.

Sophomores and Juniors, don't forget, the application for evening classes at ROC is now open and classes are filling up. Be sure to apply today at roc.kernhigh.org. See your counselor if you need more information.

CLUBS

The last book club meeting of the year will be Wednesday, May 24 in the library during lunch.

SPORTS

Spring Sports athletes, if your season is over, don't forget to get all of your uniform and equipment turned in to the trainer's office. And make sure you have Monday night on your calendar. Monday at 6pm will be our final sports awards of the year as we get to honor our Spring Sports athletes.

Friday, May 19

Baseball: CIF Playoffs @ Cesar Chavez (Delano) 4:30pm

Saturday, May 20

Track and Field: Masters @ Clovis for 4X800 team

**MONDAY
Early Out**

TUESDAY-THURSDAY

8:30-3:25 PM

**FRIDAY
8:30-1:25 PM
(2 Hour Early Out)**

**FRIDAY
Senior Sunset**