



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Cinnamon Toast Soft Filled Bar

Peach Parfait

Trix Cereal

Cocoa Puffs Cereal

Honey Nut Cheerios

Fruit

Fruit Punch Juice

Pear

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Rotini and Meat Sauce

Chicken Filet Salad

Sicilian Pizza

Black Bean Burger

Turkey Ham and Cheese

Sub

Cheeseburger

Spicy Chicken Sandwich

Uncrustable PB&J

Sandwich

Fruit

Strawberry Kiwi Juice

Granny Smith Apple

Vegetables

Spinach

Fresh Cucumber

Rosted Corn

Black Beans

Grape Tomatoes

Carrots

Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

TUESDAY, AUGUST 22, 2023

TROJANS

GET Bus Passes for the 2023-24 school year are on their way. You can still use an "old" monthly pass from last school year. To ride the GET bus, students must show their bus pass and current student ID. A new batch of passes will be available between September and October. An announcement will be made once new passes are available.

Attention Juniors and Seniors: PE Teachers are looking for TA's; talk to your counselor for more information.

If you are enrolled in ROC/CTEC, you might also be enrolled in a Kern Learn class. It is important to check your school email. If you have an email regarding Kern Learn, you need to follow the steps in the email, so you can start your class. If you have any questions, come by the counseling office.

The last day to submit a request to change your schedule is Friday, August 25th. If you have already submitted a request, do not submit another request. Please be patient. The counselors are working through all the requests as quickly as possible. Use the QR code on your student ID to find the form to submit a request.

It is important that you check your student email regularly. Counselors use student email to send out important information!

Have you earned any tickets or tokens from your teachers since school started Trojans? You can turn those in every Tuesday during lunch at the tables right outside the Activities Office. Swing on by and drop them off so you don't lose them and get those points added to your Trojan Total.

Students, please keep track of your Foothill High School student ID card at all times and be careful never to lose it. There are many aspects of campus life that require you to present your ID card and certain services and functions you cannot access without one... Also, if you find a Foothill ID card that is not yours, please be kind enough to turn it in to the Dean's Office.

CLUBS

Got good grades? Come to Ms. Neville's room (room716) to sign up for CSF. Last day to sign up is September 1.

Welcome back Trojans! Are you interested in dancing and performing in school events? If so, join our FHS Dance club! Join us for an informational meeting this Wednesday during Lunch in room 711. See you there!

SPORTS

Girls Soccer will have an informational meeting. Everyone who is interested is welcome. Meeting will be in room 710 after school Thursday the 24.

WELCOME BACK TROJANS!
8/21/23 – 8/25/23

MONDAY
Early Out

TUESDAY-FRIDAY
8:30-3:25 PM

WEDNESDAY
Class
Assemblies: 6th period Juniors;
7th period Seniors

THURSDAY
Class
Assemblies: 2nd period Freshman; 3rd Period Sophomores

FRIDAY
Senior Sunrise @ 6am & School Pictures for 9th and 10th grade in the Gym

Students, if you are interested in working or helping at any football or volleyball games this year, please see Mr. Biezad in the Athletic Office. You can earn Community Service hours or earn Trojan Athletic Vouchers (to be used at the Student Store or Concession Stand). For more information, stop by the Athletic Office.

All boys interested in soccer this winter, there will be an informational meeting during lunch on Wednesday August 23rd. Grab your lunch and come to room 912. Those who cannot come during lunch must come by room 912 after school.

Tuesday, Aug. 22

Girls Tennis: vs. Kennedy (Var 4:00pm/JV to follow); excused at 3:00pm

Wednesday, Aug. 23

Volleyball: vs. Delano (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused at 3:00pm

Thursday, Aug. 24

Football: JV vs. Independence (5:00pm), Varsity vs. Desert (7:30pm)
Girls Tennis: at Delano (Var/JV both 4:00pm), vans 2:45pm, excused 2:30pm

Friday, Aug. 25

Volleyball: Varsity at South Tourney (bus 6:30am)
Girls Tennis: Varsity at Mira Monte Tourney, van (time/release TBD)
Cross Country: at Sierra Pacific Invitational (bus 7:00am)

Saturday, Aug. 26

Volleyball: Varsity at South Tourney (bus TBD)
Girls Tennis: Varsity at Mira Monte Tourney (van TBD)

