



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



#WeAreTrojans

DAILY BREAKFAST MENU

Main Entrée

Tutti Fruitti Smoothie
Double Chocolate Chip Muffin
Trix Cereal

Cocoa Puffs Cereal
Honey Nut Cheerios

Fruit

Fruit Punch Juice
Petite Banana

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

DAILY LUNCH MENU

Main Entrée

Nashville Hot Chicken and Waffle

Quinoa Taco Salad
Sicilian Pizza

Black Bean Burger

Turkey Ham and Cheese Sub

Cheeseburger

Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Fresh Strawberries
Fruit Punch Juice

Vegetables

Spinach
Fresh Cucumber
Rosted Corn
Black Beans
Grape Tomatoes

Carrots

Broccoli

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

THURSDAY, AUGUST 24, 2023

GET Bus Passes for the 2023-24 school year are on their way. You can still use an "old" monthly pass from last school year. To ride the GET bus, students must show their bus pass and current student ID. A new batch of passes will be available between September and October. An announcement will be made once new passes are available. It is important to remember that when you ride the GET bus, you are representing Foothill. Show your Trojan pride by setting an example in the community.

Attention Juniors and Seniors: PE Teachers are looking for TA's; talk to your counselor for more information.

If you are enrolled in ROC/CTEC, you might also be enrolled in a Kern Learn class. It is important to check your school email. If you have an email regarding Kern Learn, you need to follow the steps in the email, so you can start your class. If you have any questions, come by the counseling office.

The last day to submit a request to change your schedule is Friday, August 25th. If you have already submitted a request, do not submit another request. Please be patient. The counselors are working through all the requests as quickly as possible. Use the QR code on your student ID to find the form to submit a request.

It is important that you check your student email regularly. Counselors use student email to send out important information!

Students, please keep track of your Foothill High School student ID card at all times and be careful never to lose it. There are many aspects of campus life that require you to present your ID card and certain services and functions you cannot access without one... Also, if you find a Foothill ID card that is not yours, please be kind enough to turn it in to the Dean's Office.

CLUBS

Got good grades? Come to Ms. Neville's room (room716) to sign up for CSF. Last day to sign up is September 1.

Knitting club will meet at lunch on Monday August 28 in room 607. If you've ever wanted to learn to knit, crochet, or sew, stop by, and join us! No experience or tools necessary.

SPORTS

Girls Soccer will have an informational meeting. Everyone who is interested is welcome. Meeting will be in room 701 after school Thursday the 24.

Students, if you are interested in working or helping at any football or volleyball games this year, please see Mr. Biezad in the Athletic Office. You can earn Community Service hours or earn Trojan Athletic Vouchers (to be used at the Student Store or Concession Stand). For more information, stop by the Athletic Office.

WELCOME BACK TROJANS!

8/21/23 – 8/25/23

MONDAY

Early Out

TUESDAY-FRIDAY

8:30-3:25 PM

THURSDAY

Class Assemblies:

2nd period

Freshman; 3rd

Period Sophomores

FRIDAY

Senior Sunrise @

6am

&

School Pictures for

9th and 10th grade

in the Gym

Thursday, Aug. 24

Football: JV vs. Independence (5:00pm), Varsity vs. Desert (7:30pm)
Girls Tennis: at Delano (Var/JV both 4:00pm), vans 2:45pm, excused
2:30pm

Friday, Aug. 25

Volleyball: Varsity at South Tourney (bus 6:30am)
Girls Tennis: Varsity at Mira Monte Tourney, van (time/release TBD)
Cross Country: at Sierra Pacific Invitational (bus 7:00am)

Saturday, Aug. 26

Volleyball: Varsity at South Tourney (bus TBD)
Girls Tennis: Varsity at Mira Monte Tourney (van TBD)

