



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



TUESDAY, SEPTEMBER 12, 2023

#WeAreTrojans

Breakfast

Main Entrée

- Strawberry Parfait
- Country Breakfast Calzone
- Trix Cereal
- Honey Nut Cheerios Cereal Cup

Fruit

- Fruit Punch Juice
- Pear

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Jerk Chicken, Rice
- Chicken Filet Salad
- Sicilian Pizza
- Black Bean Burger
- Turkey Ham and Cheese Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Strawberry Kiwi Juice
- Granny Smith Apple

Vegetables

- Spinach
- Fresh Cucumber
- Roasted Corn
- Black Beans
- Grape Tomatoes
- Carrots
- Broccoli

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

TROJANS

Juniors and Seniors, if you plan to take the SAT, don't miss out on this great opportunity to get tips, study materials, and practice tests. We will be hosting a SAT Prep Workshop on Saturday, September 23rd from 9am-3pm. If you are interested in attending, the cost is \$5.00. Go by Finance to add your name to the list. Many universities are still requiring students take the SAT to apply and those universities that no longer require it to apply are still recommending students take the SAT for class placement and grants/scholarships.

Seniors, the last day InMotion will take yearbook photos will be Nov. 10. You will need to schedule your appointment well in advance of this date because they are photographing several high schools. If you procrastinate, you might not get an appointment.

If you are a sophomore or junior interested in participating in the upcoming Latina Leaders Youth Leadership Program, please see Ms. Romero in the counseling office to sign-up.

CLUBS

Star Wars club will be meeting in room 708, Mrs. Vargas classroom during lunch every Tuesday, new members are always welcome.

Math Club will have it's first meeting today during lunch in room 609.

Sophomores – if you are interested in being a part of your class skit for homecoming, there will be a meeting during lunch today in room 602.

Artists, art lovers, and anyone interested - Art Club will meet Thursday during lunch in room 1001. We'll make some art and talk about upcoming projects. Join us as we grow our Foothill Art Community! See you then!

History club meeting on Thursday at lunch in Mr. Rose's class. (Room 912) The agenda will be including planning for the year's activities, fundraising and t shirt ideas and many other topics. Come join the History club the best club on campus!!

SPORTS

Tuesday, Sept. 12

Volleyball @ South (FS 4:00/JV 5:00/Var 6:15); bus 2:00 (excused 1:45)
Girls Tennis vs East: V HOME (4:00), excused 3:00; JV @ (4:00), excused 2:45

Wednesday, Sept. 13

Girls Tennis: Varsity vs. North (4:00), excused 3:00

Thursday, Sept. 14

Football: FS at Tehachapi (5:00), bus 3:00 (excused 2:30)
Volleyball: at Independence (FS 4:00/JV 5:00/Var 6:15); excused 1:45
Girls Tennis: Varsity at Del Oro (4:00), excused 2:45

9/11/23 – 9/15/23

MONDAY

Early Out – 2:25 PM

TUESDAY-FRIDAY

8:30-3:25 PM

Friday, Sept. 15

Football: Var/JV @ Rosamond (JV 5:00/Var 7:30); JV excused 2:00;

Girls Tennis: JV at Lynott Cup (at BHS) (5:00), van 3:45

Cross Country: at Hanford Invitational (bus 12:30, excused 12:15)

Saturday, Sept. 16

Volleyball: JV at Golden Valley Tourney (bus 6:45)

Girls Tennis: JV at Lynott Cup (at BHS), van 7:00

