



FOOTHILL HIGH SCHOOL

Home of the Trojans

DAILY BULLETIN



WEDNESDAY, SEPTEMBER 20, 2023

#WeAreTrojans

BREAKFAST

Main Entrée

Country Breakfast
Scramble Burrito

Honey Bun

Trix Cereal

Honey Nut Cheerios
Cereal Cup

Fruit

Apricots

Very Berry Juice

Milk

1% Low Fat

Lactaid Fat Free

Fat Free Chocolate

LUNCH

Main Entrée

Chicken Pozole

Chef Salad

Extreme Burrito

Spinach and Cheese
Calzone

Turkey Ham and
Cheese Sub

Cheeseburger

Spicy Chicken
Sandwich

Uncrustable PB&J

Fruit

Orange

Cantaloupe

Vegetables

Spinach

Fresh Cucumber

Roasted Corn

Black Beans

Grape Tomatoes

Carrots

Broccoli

Milk

1% Low Fat

Lactaid Fat Free

Fat Free Chocolate

TROJANS

Attention all staff: The attendance office is now located in the very front by registration and is no longer in the dean's office.

Hey freshmen! Join link crew for a tailgate before the football game this Thursday. Join us for free food, games, and free entry to the football game! We will be at the varsity baseball field from 4 to 6 and hope to see you all there!

Trojans, we will have opportunities these next few weeks to help celebrate Hispanic Heritage Month. Tomorrow join us in the quad to crate papel picado which will be hung up on campus to continue the celebration.

CLUBS

Attention all FHS students. La Raza Club will have the first meeting today WEDNESDAY during Lunch in room I-6. If you want to be in La Raza Club this year, come to our meeting. Also, if you want to be an officer for the club, come and join.

If you are interested in playing or learning how to play chess, chess club will meet during lunch on Fridays in room 909.

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 Fridays during lunch. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

Math club will be meeting Tuesdays at lunch in room 609.

SPORTS

Wednesday, Sept. 20

Volleyball: at Del Oro (FS 4:00pm/JV 5:00pm/Var 6:15pm); bus 2:00pm (excused 1:30pm)

Thursday, Sept. 21

Football: FS vs. Independence (6:00pm)

Girls Tennis: Varsity vs. Golden Valley (4:00pm, excused 3:00pm); JV at Golden Valley (4:00pm, van 2:45pm, excused 2:30pm)

Friday, Sept. 22

Girls Tennis: Varsity at Wasco Tourney (Time TBD, van TBD, excused TBD)

Cross Country: at Kern County Soccer Park Inv (bus 9:15am, excused 9:00am)

Team Pictures for Volleyball, Girls Golf, Cheer

Saturday, Sept. 23

Volleyball: FS at Mira Monte Tourney (bus 7:00am)

Girls Tennis: Varsity at Wasco Tourney (Time TBD, van TBD)

9/11/23 – 9/15/23

MONDAY

Out at 2:25

TUESDAY-FRIDAY

8:30-3:25 PM

FRIDAY

Fall Sports
Pictures for
Volleyball, Golf,
& Cheer