



# FOOTHILL HIGH SCHOOL

## Home of the Trojans

DAILY BULLETIN



**WEDNESDAY, SEPTEMBER 6, 2023**

**#WeAreTrojans**

### DAILY BREAKFAST MENU

#### Main Entrée

- Country Breakfast Scramble
- Burrito
- Honey Bun
- Trix Cereal
- Cocoa Puffs Cereal
- Honey Nut Cheerios
- Fruit**
- Apricots
- Very Berry Juice
- Milk**
- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

### DAILY LUNCH MENU

#### Main Entrée

- Grilled Salmon and Rice
- Chef Salad
- Extreme Burrito
- Spinach and Cheese
- Calzone
- Turkey Ham and Cheese
- Sub
- Cheeseburger
- Spicy Chicken Sandwich
- Uncrustable PB&J
- Sandwich
- Fruit**
- Orange
- Cantaloupe
- Vegetables**
- Spinach
- Fresh Cucumber
- Rosted Corn
- Black Beans
- Grape Tomatoes
- Carrots
- Broccoli
- Milk**
- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

### TROJANS

Attention Students that have not filled out a lunch application, please stop by and pick one up by the front office.

Did you remember to bring your sidekick today for spirit points? If you did, don't forget to stop by the activity office today and check in. Yesterday we drew two winners from those who checked in. Congrats to Jeremiah Perez and Genesis Quintero. Be sure to stop by the activities office at lunch to claim your prize! And remember to check in each day for more points and more chances to win.

Tomorrow night is our next home football game, and we want to turn the student section into the Beach Zone. Come to the game and get ready for some fun. We have some giveaways for the first students in the beach zone so put on those Hawaiian shirts, bust out those tropical dresses and skirts, and come to the Beach Zone.

### CLUBS

Do you love a good soap opera or telenovela? How about one in where all the characters begin to be killed off? If so, come audition for the fall play, The Bold, The Young, and the Murdered to be part of the murder mystery of the year! Auditions are Tuesday, September 5 and Wednesday, September 6 at 3:30-4:30 in L3, the auditorium!

Math Club first meeting to start Tuesday September 12<sup>th</sup> during lunch, all are welcome!

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch this Friday to kick off the 1<sup>st</sup> astronomy club meeting of the year. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

### SPORTS

#### Wednesday, Sept. 6

Volleyball: at North (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, released 1:45pm

#### Thursday, Sept. 7

Football: JV vs. Liberty FS (5:00pm); Var vs. Cal City (7:30pm)

Volleyball: vs. West (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS released 3:00pm

Girls Tennis: Var at Independence (4:00pm), van 2:45pm, released 2:30pm; JV vs. Independence (4:00pm), released 3:00pm

Girls Golf: SYHL Meet #1 (@ Rio Bravo 1:00pm); van 11:00am, released 10:30am

### WELCOME BACK TROJANS!

9/4/23 – 9/8/23

**MONDAY**  
**No School**

**TUESDAY-FRIDAY**  
**8:30-3:25 PM**

**WEDNESDAY**  
**Jostens on campus for Cap and Gowns**

**THURSDAY**  
**Back to school Rally**

**Friday, Sept. 8**

Volleyball: Var at Highland Tourney (2 vans 7:30am, released all day)

Girls Tennis: Var at Mira Monte Tourney (van TBD, released TBD)

**Saturday, Sept. 9**

Volleyball: Var at Highland Tourney (2 vans TBD)

Girls Tennis: Var at Mira Monte Tourney (van TBD)

