

FOOTHILL HIGH SCHOOL BULLETIN

TROJANS

Trojans, it is time for our 2nd blood drive of the year. We have had more donations this year than any other school in the county. Let's continue the trend! The next blood drive will be Wednesday, February 7th. See Ms. Miller in the counseling office if you have any questions or to pick up the forms. The blood ambassadors will also be out during lunch and before school to answer any questions and collect forms.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Got good grades? CSF Signups are this week. Come by room 716 or 909.

Attention Seniors: If you have not taken your senior picture, this is your last chance! Stop by room 818 with a picture of your choice before Friday, January 26.

Hey Trojans! Valentine's day is coming up and what better way to show someone you care about them than by gifting them a customized photo frame that plays their favorite song? Dance club will be out in the quad by the activity's office these next two weeks (**Jan 15th-Jan 26th**) taking orders. Get creative and gift someone a sweet melody surprise! Stop by and check them out.



Breakfast

Main Entrée

EggStravaganza Bowl
GoodyBun
Trix Cereal
Honey Nut Cheerios Cereal Cup
Cocoa Puffs Cereal

Fruit

Fruit Punch Juice
Petite Banana

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Jerk Chicken, Rice
Quinoa Taco Salad
Beef Taco Crisp
Sicilian Pizza
Turkey and Cheese Sub
Black Bean Burger
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Persimmons
Very Berry Juice

Vegetables

Spinach
Fresh Cucumber
Corn
Black Beans
Grape Tomatoes
Carrots

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

SPORTS

Spring sports have officially started. If you are interested in playing baseball, softball, track and field, swimming, boys' tennis, or boys golf, stop by the Athletic Office to get information about how to get cleared as soon as possible, as tryouts have already begun.

Boys Tennis has officially started. No training or experience needed. Come out for some fun on the courts. Practices are after school at the tennis courts. For more information, visit the Athletic Office.

All boys interested in golf; we will meet Thursday in I-18 at lunch to get fitted for clubs.

Thursday, Jan. 25

Boys Basketball: at East (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:30pm

Girls Basketball: vs. East (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Boys Soccer: at East (FS 3:30pm/JV 4:30pm/Var 6:00pm); bus 2:00pm, excused 1:30pm; van 4:00pm

Girls Soccer: vs. East (FS 3:30pm/JV 4:30pm/Var 6:00pm); FS excused 2:30pm

Friday, Jan. 26

Boys/Girls Wrestling: Horizon League Championship (at Golden Valley 3:00pm); bus 12:00pm, excused 11:45am

Saturday, Jan. 27

Girls Basketball: Var vs. BHS (10:30am)/Boron (3:00pm) (at Golden Valley); bus 9:00am



CLUBS

First Knitting Club meeting of 2024 will be this Monday January 29th at lunch in Room 607. Join us as we learn to make some easy valentine's gifts. No experience needed. We have all the tools and yarn to get you started. Hope to see you there!

K-Pop Club will be rebranding to the K-Pop Appreciation club and will meet every Friday at lunch in room I-1. Come join us as we listen to, talk about, and learn about our favorite K-Pop groups! All are welcome and we hope to see you there.

But that's not all! Can't get enough of K-Pop? Want to get into some serious K-Pop dancing? That's right, Foothill's going K-Pop crazy with another club, the K-Pop Dance Club. Come join us after school every Thursday in room I-1 to learn how to dance like our favorite groups!

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. The Bible club will be meeting this Tuesday and Thursday at lunch in room 910.

Are you looking for a unique and affordable gift for valentine's day? Ecology Club is selling customized succulent plants! Starting tomorrow, you can find us in the quad by the activities office and place your order. Come by and support our club, they are only \$5!

