

# FOOTHILL HIGH SCHOOL

## BULLETIN

### TROJANS

Trojans, it is time for our 2<sup>nd</sup> blood drive of the year. We have had more donations this year than any other school in the county. Let's continue the trend! The next blood drive will be Wednesday, February 7<sup>th</sup>. See Ms. Miller in the counseling office if you have any questions or to pick up the forms. The blood ambassadors will also be out during lunch and before school to answer any questions and collect forms.

Join us after school on Monday, February 5<sup>th</sup> at 2:40pm for a Make and Take event in the library. We will be using paper circuits to create greeting cards. See Ms. Stevenson if you have any questions.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

### SPORTS

Spring sports have officially started. If you are interested in playing baseball, softball, track and field, swimming, boys' tennis, or boys golf, stop by the Athletic Office to get information about how to get cleared as soon as possible, as tryouts have already begun.

#### Thursday, Feb. 1

Boys Basketball: at Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); bus 2:00pm, excused 1:30pm

Girls Basketball: vs. Arvin (FS 4:00pm/JV 5:15pm/Var 6:30pm); FS excused 3:00pm

Boys Soccer: at Arvin (JV 4:30pm/Var 6:00pm); bus 2:00pm, excused 1:30pm; van 4:00pm

Girls Soccer: vs. Arvin (FS 3:30pm/JV 4:30pm/Var 6:00pm); FS excused 2:30pm

#### **Breakfast**

##### Main Entrée

Country Breakfast Scramble  
Burrito

Honey Bun

Trix Cereal

Honey Nut Cheerios Cereal  
Cup

Cocoa Puffs Cereal

##### Fruit

Strawberry Kiwi Juice

Grapes

##### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

#### **LUNCH MENU**

##### Main Entrée

White Chicken Chili

Chef Salad

Cheeseburger

Extreme Burrito

Spinach and Cheese Calzone

Turkey and Cheese Sub

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

##### Fruit

Orange

Kiwi

##### Vegetables

Spinach

Fresh Cucumber

Corn

Black Beans

Grape Tomatoes

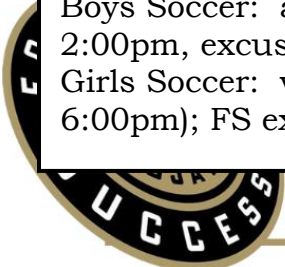
Carrots

##### Milk

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk



## CLUBS

K-Pop Club will be rebranding to the K-Pop Appreciation club and will meet every Friday at lunch in room I-1. Come join us as we listen to, talk about, and learn about our favorite K-Pop groups! All are welcome and we hope to see you there.

But that's not all! Can't get enough of K-Pop? Want to get into some serious K-Pop dancing? That's right, Foothill's going K-Pop crazy with another club, the K-Pop Dance Club. Come join us after school every Thursday in room I-1 to learn how to dance like our favorite groups!

The orchestra club will be selling Crush Grams for Valentine's Day! Pick up a sweet treat for your sweet as they will be on sale for the next two weeks. The price is \$8 while supplies last. Stop by the booth outside the activities office to place your orders.

Ecology Club has a unique and affordable gift for valentine's gift that will last longer than candy or flowers. Find us in the quad by the activities office and place your order for a customized succulent plant for only \$5!

The most creative and colorful club on campus - ART CLUB - is having a meeting Thursday at lunch in room 1001. We will talk about our Valentine's Day fundraiser and make art together!

Attention all FHS students. La Raza Club will have a meeting this Thursday Feb. 1 during Lunch in room I-6. If you want to be in La Raza Club, come to our meeting. Grab your lunch and head to Mr. Henriquez's class. See you there.

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

History club meeting on Thursday in Mr. Rose's class (room 912) at lunch. On the agenda will be the Valentine's day fundraiser, a recap of the field trip and movie night. History club, the best club on campus. Everyone is welcome!!

