

February 14, 2023

2/12/24-2/16/24

FOOTHILL HIGH SCHOOL BULLETIN

Focus on: BLACK HISTORY MONTH

This week our focus will be on iconic musicians, singers, and songwriters. Today's musician is Aretha Franklin who was a singer, songwriter, and pianist. Born in Detroit, Michigan to a mother who was a gospel singer and a father who was a minister, her style was undefined as she sang everything from Broadway to Rhythm and Blues. In 1987, Franklin became the first woman inducted into the Rock & Roll Hall of Fame and in 2008 she won her 18th Grammy Award making her one of the most honored artists in Grammy history. Franklin was crowned the Queen of Soul for her chart dominance and civil rights activism through her music. She is most commonly known for songs such as "Respect", "I Never Loved a Man", "Natural Woman," and "Chain of Fools," just to name a few. She was the symbol of strength and pride for many African Americans.

TROJANS

Come join the counseling department for our February Happiness Hang out! This month our activity is Art Therapy. Please come join us on Friday, February 16th during lunch in the Career Center. This activity/lesson will be available to the first 40 students who sign up. If you would like to sign up, please stop by the counseling office.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Trojans, time is running out to buy your 2024 Yearbook. There will be no extra copies ordered. ONLY 11 days remaining. All orders must be placed by February 23rd.

CSF list has been posted in Ms. Neville's room 716 and Ms. Paulsen's room 909. Please come by to make sure you qualified for last semester.



Breakfast

Main Entrée

- Country Breakfast Scramble
- Burrito
- Honey Bun
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Cocoa Puffs Cereal

Fruit

- Strawberry Kiwi Juice
- Grapes

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Grilled Salmon and Rice
- Chef Salad
- Cheeseburger
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Un crustable PB&J Sandwich

Fruit

- Orange
- Kiwi

Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Grape Tomatoes

Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

SPORTS

Wednesday, Feb. 14

Girls Basketball: CIF Div. 6 Playoffs Rd 1 – vs. Kennedy (6:30pm)

Boys Soccer: CIF Div. 2 Playoffs Rd 1 – vs. Righetti (6:00pm)

Boys Baseball: vs. Burroughs (Var/JV) (3:30pm); excused 2:15pm

Thursday, Feb. 15

Girls Soccer: CIF Div. 5 Playoffs Rs 2 - @ Selma (6:00pm)

Friday, Feb. 16

Girls Basketball: CIF Playoffs TBD

Boys Soccer: CIF Div. 2 Playoffs TBD

Boys Wrestling: Section Meet; TBD

Girls Wrestling: Section Meet; TBD

Baseball: Terrio Tourney (Var/JV) – at West 3:00pm; bus 1:15pm, excused 12:45pm

Saturday, Feb. 17

Boys Wrestling: Section Meet; TBD

Girls Wrestling: Section Meet; TBD

Baseball: Terrio Tourney (Var/JV) – at Arvin vs. Highland 9:00am, vs. RFK 12:00pm; bus 7:30am

CLUBS

Are you looking for a creative way to celebrate Valentine's Day? Art club has you covered! Art club will be doing caricatures LIVE on Wednesday 2/14/24 at lunch in front of the activity's office. For just \$3 you can get a piece of art done live! Bring your bestie, your significant other or bring yourself and celebrate you!

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club are open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

Attention, all La Raza Club members, we will have a meeting today, WEDNESDAY FEB. 14 in room I-6. Grab your lunch and come to Mr. Henriquez room I-6 so you can see what we are doing in La Raza Club. We will be waiting for you.

Art Club will be having a meeting this Thursday at lunch in room 1001. We'll talk about scholarship opportunities and make some art! See you there!

