

February 15, 2023

2/12/24-2/16/24

FOOTHILL HIGH SCHOOL BULLETIN

Focus on: BLACK HISTORY MONTH

This week our focus will be on iconic musicians, singers, and songwriters. Today’s musician is James Brown , also known as “The Godfather of Soul,” was born in Barnwell, South Carolina. He was a singer, songwriter, band leader, arranger, and producer. He began his career singing gospel music and he later taught himself how to play the piano, guitar, and harmonica. He was the creator of “Funk Music” which is a mixture of hip-hop and trap music. He went on to invent many dances, one of them being the Boogaloo (consisting of pop and lock). He used his music to break down the barriers of racial segregation. In 1986, he was inducted into the Rock & Roll Hall of Fame. He is known best for chart toppers such as “I Got You (I Feel Good),” “It’s a Man’s World,” “I Got the Feelin.” In 1968, he recorded a song called “Say it Loud-I’m Black and I’m Proud” which became a rallying call for the entire black community. He embodied the true definition of hard work and originality as he strived for unity of all.

TROJANS

Come join the counseling department for our February Happiness Hang out! This month our activity is Art Therapy. Please come join us on Friday, February 16th during lunch in the Career Center. This activity/lesson will be available to the first 40 students who sign up. If you would like to sign up, please stop by the counseling office.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

Trojans, time is running out to buy your 2024 Yearbook. There will be no extra copies ordered. ONLY 10 days remaining. All orders must be placed before or on February 23rd.

CSF list has been posted in Ms. Neville’s room 716 and Ms. Paulsen’s room 909. Please come by to make sure you qualified for last semester.

Breakfast

Main Entrée

Tutti Fruitti Smoothie
Double Chocolate Chip Muffin
Trix Cereal
Honey Nut Cheerios Cereal Cup
Cocoa Puffs Cereal

Fruit

Fruit Punch Juice
Petite Banana

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Nashville Hot Chicken and Waffle
Quinoa Taco Salad
Beef Taco Crisp
Sicilian Pizza
Black Bean Burger
Turkey and Cheese Sub
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Fruit Punch Juice
Apple Slices

Vegetables

Spinach
Fresh Cucumber
Corn
Black Beans
Grape Tomatoes
Carrots

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk



SPORTS

Thursday, Feb. 15

Girls Soccer: CIF Div. 5 Playoffs Round 2 @ Selma (6:00pm)

Friday, Feb. 16

Girls Basketball: CIF Div. 6 Playoffs Round 2 @ McLane (6:30pm)

Boys Soccer: CIF Div. 2 Playoffs Round 2 @ FOOTHILL (6:00pm)

Boys Wrestling: Section Meet

Girls Wrestling: Section Meet

Baseball: Terrio Tourney (Var/JV) – at West 3:00pm; bus 1:15pm,
excused 12:45pm

Saturday, Feb. 17

Boys Wrestling: Section Meet

Girls Wrestling: Section Meet

Baseball: Terrio Tourney (Var/JV) – at Arvin vs. Highland 9:00am,
vs. RFK 12:00pm; bus 7:30am

CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club are open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

Art Club will be having a meeting this Thursday at lunch in room 1001. We'll talk about scholarship opportunities and make some art! See you there!

