

February 16, 2023

2/12/24-2/16/24

# FOOTHILL HIGH SCHOOL BULLETIN

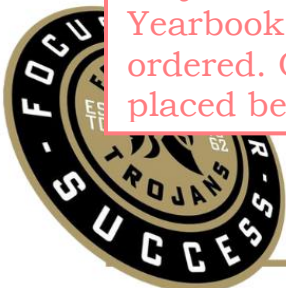
## **Focus on: BLACK HISTORY MONTH**

February is Black History Month and a chance for all Trojans to learn more about black culture and to acknowledge and appreciate contributions made by Black Americans. This week our focus has been on iconic musicians, singers, and songwriters. Today's musician is Prince who was born Prince Rogers Nelson in Minneapolis, Minnesota and is widely regarded as one of the greatest musicians of his generation. Prince was a multi-talented and skilled artist that could do anything from sing, dance, write and arrange songs, produce music, lead a band, and act. He released 39 albums and was the mastermind behind the "Minneapolis sound," that took over in the '80s. Prince discovered his passion for music at a young age and learned how to play several instruments all by himself. He became a visual icon with his trademark curls, flowing jackets, and ruffled attire with punk embellishment. He later explained that expressing himself in flashy ways was his way of compensating for the way he suffered from epileptic seizures and teasing in school. It was his release of the album 1999 that brought him international success in 1982. His classic album Purple Rain (1984) became the soundtrack to the film Purple Rain and made almost \$70 million at U.S. Box Office while the track reach No.2 on the Billboard Hot 100.

## **TROJANS**

Come join the counseling department for our February Happiness Hang out! This month our activity is Art Therapy. Please come join us on Friday, February 16<sup>th</sup> during lunch in the Career Center. This activity/lesson will be available to the first 40 students who sign up. If you would like to sign up, please stop by the counseling office.

Trojans, time is running out to buy your 2024 Yearbook. There will be no extra copies ordered. ONLY 9 days remaining. All orders must be placed before or on February 23rd.



### **Breakfast**

#### **Main Entrée**

Maple & Brown Sugar Oatmeal Cup  
Mini Breakfast Cluster  
Trix Cereal  
Honey Nut Cheerios Cereal Cup  
Cocoa Puffs Cereal

#### **Fruit**

Blueberries  
Strawberry Kiwi Juice

#### **Milk**

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### **LUNCH MENU**

#### **Main Entrée**

Orange Chicken & Fried Rice  
Asian Salad  
Cheeseburger  
Extreme Burrito  
Spinach and Cheese Calzone  
Turkey and Cheese Sub  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

#### **Fruit**

Fresh Pineapple  
Unsweetened Applesauce Cup

#### **Vegetables**

Spinach  
Fresh Cucumber  
Corn  
Black Beans  
Grape Tomatoes  
Carrots

#### **Milk**

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

The CSF list has been posted in Ms. Neville's room 716 and Ms. Paulsen's room 909. Please come by to make sure you qualified for last semester.

Hey Trojans! Next week is National FFA week. We invite all of you to join us in celebrating agriculture education here at Foothill. Each day will have dress up days and lunchtime activities. Be sure to check in during lunch to get your Black and Gold points. Tuesday's dress up day is Old McDonald; show up as your favorite barn animal or dress like a farmer. Be on the lookout for our other dress up days on the Foothill Instagram page. We will be hosting a cornhole tournament with signups on Tuesday, games throughout the week, and we will have Kiss the Pig. Come donate money towards your favorite staff member kissing a 450-pound pig in the quad on Friday. See you next week Trojans!

## **SPORTS**

### **Friday, Feb. 16**

Girls Basketball: CIF Div. 6 Playoffs Round 2 @ McLane (6:30pm)

Boys Soccer: CIF Div. 2 Playoffs Round 2 @ Foothill vs Arroyo Grande (6:00pm)

Boys Wrestling: Section Meet

Girls Wrestling: Section Meet

Baseball: Terrio Tourney (Var/JV) – at West 3:00pm; bus 1:15pm, excused 12:45pm

### **Saturday, Feb. 17**

Boys Wrestling: Section Meet; TBD

Girls Wrestling: Section Meet; TBD

Baseball: Terrio Tourney (Var/JV) – at Arvin vs. Highland 9:00am, vs. RFK 12:00pm; bus 7:30am

