

February 27, 2024

2/26/24-3/1/24

# FOOTHILL HIGH SCHOOL BULLETIN

## Focus on: BLACK HISTORY MONTH

February is Black History Month and as we wind up this month and this week we want to highlight some local black owned businesses. We start with Barrington's Jamaican Kitchen. Athlete Barrington Lewis left Jamaica for the United States on a track scholarship in 1983, taking his love for his cuisine from his home island with him. After working as a quality control manager in Kern County for many many years, he opened a restaurant. Once operated from a small trailer parked outside a local Caribbean store, Lewis was later able to open a colorful location on Ming Avenue. In 2021, it was ranked the best Jamaican restaurant in California on Yelp. Barrington's Jamaican Kitchen offers jerk chicken, oxtails, goat curry, and many other foods that capture the tastes of the Jamaican culture right here in Kern County.

Today's dress up day was For the Culture and we hope a lot of you wore red, black, green, or yellow to support black culture. Tomorrow's day is Wild Out Wednesday where you can dress as your favorite black icon like an actor, actress, athlete, musician, or other.

## TROJANS

The ROC & CTEC representative will be on campus during lunch today by the Activities office. This is the last time this school year they will be here so stop by and get your questions answered. Don't forget to submit your application if you want to take a program at ROC or CTEC next school year. The application closes on next Wednesday.

Hey sophomores and Juniors! Link Leader applications are now available for those who have Foothill spirit and can be a good role model. We will be having an informational meeting @ lunch on March 8<sup>th</sup>. If you want to welcome in next year's freshmen and be a mentor to them, then stop by 603 or 815 for an application or scan a QR code around campus to access our digital application. Applications will be due by March 21st.

### **Breakfast**

#### Main Entrée

Cinnamon Toast Soft Filled Bar  
Peach Parfait  
Trix Cereal  
Honey Nut Cheerios Cereal Cup  
Cocoa Puffs Cereal

#### Fruit

Fruit Punch Juice  
Pear

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### **LUNCH MENU**

#### Main Entrée

Rotini and Meat Sauce  
Chicken Filet Salad  
Beef Taco Crisp  
Sicilian Pizza  
Black Bean Burger  
Turkey and Cheese Sub  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

#### Fruit

Granny Smith Apple  
Very Berry Juice

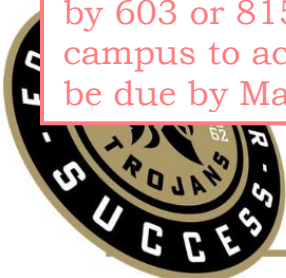
#### Vegetables

Spinach  
Fresh Cucumber  
Corn  
Black Beans  
Grape Tomatoes

#### Carrots

#### Milk

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk



## TROJANS

Hey Trojans! This Saturday, join us at the Got the Dot Walkathon, from 9am - 1pm at the CSUB Amphitheater. It's a 5k walk, family-friendly, and FREE! Enjoy food vendors, music, and games. Participating High Schools will each have their game own booth, Foothill is doing a cake walk! For more information on this community event check out Ecology's clubs Instagram @foothil.eco

## SPORTS

### Tuesday, Feb. 27

Boys Soccer: Regional Playoffs HOME vs. Sylmar (4:00pm)

Girls Basketball: State Playoffs @ Antelope Valley (7:00pm)

Baseball: Var/JV vs. South (3:30), ex 1:45; FS at South (3:30), bus 2:00, ex 1:30

Softball: FS at Ridgeview (3:30), bus 2:00, ex 1:30

Boys Tennis: Var vs. Ridgeview (3:30), ex 2:30; JV at Ridgeview (3:30), van 2:30, ex 2:00

### Thursday, Feb. 29

Boys Soccer: Regional Playoffs vs. TBD (4:00pm – location TBD)

Girls Basketball: State Playoffs vs. TBD (7:00pm – location TBD)

Baseball: Var/JV vs. Kennedy (3:30), ex 1:45; FS at Kennedy (3:30), bus 2:00, ex 1:30

Softball: Var at North Trny (Tehachapi 9:30, Kern Valley 12:30), 2 vans 8:00am

Boys Tennis: Var vs. Independence (3:30), ex 2:30; JV at IHSe (3:30), van 2:30, ex 2:00

### Friday, March 1

Softball: Var at North Trny (El Diamante 2:15), bus 12:45, ex 12:15

Track and Field: at EB Relays (at BC); bus 9:00am, ex 8:30am

Swimming: at Ridgeview (Kern Aquatic Center 3:30), bus 2:00, ex 1:30

### Saturday, March 2

Boys Soccer: Regional Playoffs vs. TBD (4:00pm – location TBD)

Girls Basketball: State Playoffs vs. TBD (7:00pm – location TBD)

Softball: Var at North Trny (West 12:00pm), bus 10:00am; FS at Golden Valley Trny (at Foothill vs. Liberty/Highland/Mira Monte) 8:30am

## CLUBS

Project Lit meeting on Wednesday, February 28<sup>th</sup> in the library at lunch. See Ms. Stevenson if you have any questions.

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

History club meeting on Thursday at lunch in Mr. Rose's class. (Room 912) We will be discussing movie night and a final field trip. History club!! Best club on campus, everyone is welcome!!

