

February 29, 2024

2/26/24-3/1/24

FOOTHILL HIGH SCHOOL BULLETIN

Focus on: BLACK HISTORY MONTH

February is Black History Month and as we wind up this month and this week we want to highlight some local black owned businesses. Today's focus business is Ethnic Boutique, an African-American heritage clothing store, opened up in 2019 at 3767 Ming Ave. The owner, Tolu Sole offers a wide range of items such as printed dashikis, dresses, and accessories. The owners of Ethnic Boutique prides themselves on authentic clothing and decoration items from almost every region in Africa and hopes to share the beautiful, unique, and handcrafted items promoting cultural and tribal awareness. The owner Tolu is a Nigerian immigrant and is excited to share her culture through clothing, art, jewelry, and more at her store here in Bakersfield.

Speaking of clothing, did you participate in today's Throwback Thursday? Tomorrow is the last day of our Black History Month Celebrations, and it is a black out, come dressed all in black. But it doesn't end with dress up days, be sure to join us in the quad today at lunch for a special dance performance and tomorrow we will have tug-o-war in the quad. Come celebrate and have some fun with us today Trojans!

TROJANS

The Foothill High School Choirs are happy to invite you to our upcoming Choral Preview Concert **TONIGHT** in the Peg Pauly Auditorium Admission will be: \$4 for general admission and \$3 with a student ID. We have all been working extremely hard to make this one of the best concerts ever, and we hope you will join us! Bring the family, your neighbors, and friends. The show starts at 7p, doors open at 6:40p, we hope to see you there!

Breakfast

Main Entrée

Tutti Fruitti Smoothie
 Double Chocolate Chip Muffin
 Trix Cereal
 Honey Nut Cheerios Cereal Cup
 Cocoa Puffs Cereal

Fruit

Fruit Punch Juice
 Petite Banana

Milk

1% Low Fat Milk
 Lactaid Fat Free Milk
 Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Nashville Hot Chicken & Waffle
 Quinoa Taco Salad
 Beef Taco Crisp
 Sicilian Pizza
 Black Bean Burger
 Turkey and Cheese Sub
 Spicy Chicken Sandwich
 Uncrustable PB&J Sandwich

Fruit

Fruit Punch Juice
 Apple Slices

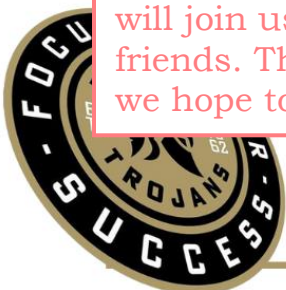
Vegetables

Spinach
 Fresh Cucumber
 Corn
 Black Beans
 Grape Tomatoes

Carrots

Milk

1% Low Fat Milk
 Lactaid Fat Free Milk
 Fat Free Chocolate Milk



TROJANS

Hey sophomores and Juniors! Link Leader applications are now available for those who have Foothill spirit and can be a good role model. We will be having an informational meeting @ lunch on March 8th. If you want to welcome in next year's freshmen and be a mentor to them, then stop by 603 or 815 for an application or scan a QR code around campus to access our digital application. Applications will be due by March 21st.

Hello sophomores and Juniors, the ROC application is now open! If you are interested in applying, please visit the counseling office to apply.

SPORTS

Thursday, Feb. 29

Boys Soccer: Regional Playoffs Round 2 at Newport Harbor (4:00pm)

Baseball: Var/JV vs. Kennedy (3:30), ex 1:45; FS at Kennedy (3:30), bus 2:00, ex 1:30

Softball: Var at North Trny (Tehachapi 9:30, Kern Valley 12:30), 2 vans 8:00am

Boys Tennis: Var vs. Independence (3:30), ex 2:30; JV at IHS (3:30), van 2:30, ex 2:00

Friday, March 1

Softball: Var at North Trny (El Diamante 2:15), bus 12:45, ex 12:15

Track and Field: at EB Relays (at BC); bus 9:00am, ex 8:30am

Swimming: at Ridgeview (Kern Aquatic Center 3:30), bus 2:00, ex 1:30

Saturday, March 2

Boys Soccer: Regional Playoffs vs. TBD (4:00pm – location TBD)

Softball: Var at North Trny (West 12:00pm), bus 10:00am; FS at Golden Valley Trny (at Foothill vs. Liberty/Highland/Mira Monte) 8:30am

CLUBS

Do you want to read the Bible and study it or maybe looking for some enlightenment or spiritual direction to get closer with Christ. The Trojans for Christ Bible club is open to all denominations and religious beliefs who want chat about faith and your journey. Trojans for Christ will be meeting this Tuesday and Thursday at lunch in room 910.

History club meeting on Thursday at lunch in Mr. Rose's class. (Room 912) We will be discussing movie night and a final field trip. History club!! Best club on campus, everyone is welcome!!

