

FOOTHILL HIGH SCHOOL

BULLETIN

Focus on: BLACK HISTORY MONTH

February is Black History Month and a chance for all Trojans to learn more about black culture and to acknowledge and appreciate contributions made by Black Americans. This week our focus is on groundbreaking athletes, and we start today with Jackie "Roosevelt" Robinson who was the first African American to break color lines by playing for the Brooklyn Dodgers in 1947 as starting first base. Although he endured insults, threats, isolation, and physical aggression for playing on the field where African Americans were not permitted, he showcased his competitive skills which were unmatched. He set out to transform the face of sports, which he did. He was elected to the Baseball Hall of Fame in 1962 and after his career as a professional baseball player ended, he devoted his life to participating in the civil rights movement to end segregation.

TROJANS

Trojans, it is time for our 2nd blood drive of the year. We have had more donations this year than any other school in the county. Let's continue the trend! The next blood drive is this Wednesday. See Ms. Miller in the counseling office if you have any questions or to pick up the forms. The blood ambassadors will also be out during lunch and before school to answer any questions and collect forms.

Join us after school today at 2:40pm for a Make and Take event in the library. We will be using paper circuits to create greeting cards. See Ms. Stevenson if you have any questions.



Breakfast

Main Entrée

Breakfast Protein Box
Mocha Crumble
Trix Cereal
Honey Nut Cheerios Cereal Cup
Cocoa Puffs Cereal

Fruit

Granny Smith Apple
Strawberry Kiwi Juice

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

BBQ Pulled Pork Mac and Cheese
Chicken Caesar Salad
Cheeseburger
Extreme Burrito
Spinach and Cheese Calzone
Turkey and Cheese Sub
Spicy Chicken Sandwich
Uncrustable PB&J Sandwich

Fruit

Petite Banana
Pear

Vegetables

Spinach
Fresh Cucumber
Corn
Black Beans
Grape Tomatoes

Carrots

Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

SPORTS

The Athletic Department is looking for students who might be interested in learning how to set up and run the timing system for track, and who would be willing to help at our track meets this year. Community service hours or Foothill Athletic Vouchers are available. If you are interested or have any questions, please see Mr. Biezad in the Athletic Office as soon as you can.

Tuesday, Feb. 6

Boys Basketball: at Golden Valley (FS 4:00/JV 5:15/Var 6:30); bus 2:00, excused 1:30

Girls Basketball: vs. Golden Valley (FS 4:00/JV 5:15/Var 6:30); FS excused 3:00; **SENIOR NIGHT**

Boys Soccer: at Golden Valley (FS 3:30/JV 4:30/Var 6:00); bus 2:00, excused 1:30; van 3:45

Girls Soccer: vs. Golden Valley (FS 3:30/JV 4:30/Var 6:00); FS excused 2:30; **SENIOR NIGHT**

Wednesday, Feb. 7

Softball: Scrimmage at North (JV 3:00/Var 3:00); bus 1:30, excused 1:00

Thursday, Feb. 8

Boys Basketball: vs. Mira Monte (FS 4:00/JV 5:15/Var 6:30); FS excused 3:00; **SENIOR NIGHT**

Girls Basketball: at Mira Monte (FS 4:00/JV 5:15/Var 6:30); bus 2:00, excused 1:30

Boys Soccer: vs. Mira Monte (FS 3:30/JV 4:30/Var 6:00); FS excused 2:30; **SENIOR NIGHT**

Girls Soccer: at Mira Monte (FS 3:30/JV 4:30/Var 6:00); bus 2:00, excused 1:30; van 3:45

Boys Tennis: Scrimmage vs. Independence (Var only 3:30); excused 2:30

Friday, Feb. 9

Boys Wrestling: Divisionals at Redwood (Visalia); 3 vans (with girls) 6:30am

Girls Wrestling: Area at Golden West (Visalia); 3 vans (with boys) 6:30am

Saturday, Feb. 10

Boys Wrestling: Divisionals at Redwood (Visalia); 3 vans (with girls) 6:30am

Girls Wrestling: Area at Golden West (Visalia); 3 vans (with boys) 6:30am



CLUBS

The orchestra club will be selling Crush Grams for Valentine's Day! Pick up a sweet treat for your sweet as they will be on sale this week. The price is \$8 while supplies last. Stop by the booth outside the activities office to place your orders.