

# FOOTHILL HIGH SCHOOL





## **TROJANS**

Attention students! If you like to be creative and make art submit work to Foothill's 4th annual virtual art show. All school appropriate work in any media is welcome, no need to be enrolled in an art class we want to highlight Foothill's talented students. If you want to apply, see the orange flyers around campus or see Miss. Blain in 815 or Ms. Sherwyn in 1001 for more information! Deadline is March 15, 2024, Prizes will be given!

Hey sophomores and juniors! Link Leader applications are still available. If you want to welcome in next year's freshmen and be a mentor to them, then stop by 603 or 815 for an application or scan a QR code around campus to access our digital application. Applications will be due by March 21st.

## **SPORTS**

## Friday, March 15

Softball: Varsity at Mesa Marin vs. North 5:00pm/7:00pm Boys Tennis: V at BHS 11:45am/2:15pm)ex 10:15am; JV at West (10:45am/1:00pm/2:30pm), ex 9:30am Track and Field: at Delano, ex 11:30am Swimming: vs. East (Jefferson Park 3:30pm), ex 1:45pm

## Saturday, March 16

Softball: Varsity at MM Tourney (at Mesa Marin TBD)
Boys Tennis: Var at Lynch Cup (TBD), TBD;
JV at West Trny (9:00am/10:30am/11:30am), van 7:45am



#### Main Entrée

Maple & Brown Sugar
Oatmeal Cup
Mini Breakfast Cluster
Trix Cereal
Honey Nut Cheerios Cereal Cup

Cocoa Puffs Cereal

## <u>Fruit</u>

Strawberry Kiwi Juice
Red Apple

#### **Milk**

1% Low Fat Milk Lactaid Fat Free Milk Fat Free Chocolate Milk

#### **LUNCH MENU**

#### Main Entrée

Orange Chicken & Fried Rice
Asian Salad
Cheeseburger
Extreme Burrito
Spinach and Cheese Coken
Turkey and Cheese Sub

## Uncrustable PB&J Sandwich Fruit

Spicy Chicken Sandwich

Fresh Pineapple
nsweetened Applesauce Cup

#### **Vegetables**

Spinach
Fresh Cucumber

Corn

Black Beans

Grape Tomatoes

Carrots

#### Milk

1% Low Fat Milk
Lactaid Fat Free Milk
Fat Free Chocolate Milk

