

FOOTHILL HIGH SCHOOL

BULLETIN

Women's History Month Focus

March is Women's History Month and this week we will be sharing interesting facts or bits of information to help celebrate Women this month. Today we start with the women's suffrage movement which aimed at earning women the right to vote. As early as 1848 women were meeting and trying to earn the same rights men had as laid out in the Declaration of Independence and Bill of Rights. But it wouldn't be until more than 70 years later in 1920 when the 19th amendment was passed, and women were given the right to vote.

TROJANS

Happy Monday Trojans! Don't forget that Wednesday is food fair day. Make sure to come prepared!

CLUBS

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

Come join Trojan's for Christ Bible club this Tuesday in room 910 for fellowship and food. Trojans for Christ is welcoming guest speaker Pastor Anthony from The Garden Church to speak about Passover, communion, and Easter. All denominations and beliefs are welcome to hear about God. Enjoy some good food and encouraging message from Pastor Anthony about how important Easter is. See you Tuesday in room 910.

Breakfast

Main Entrée

- Mini Powdered Donut
- Mocha Crumble
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Cocoa Puffs Cereal

Fruit

- Granny Smith Apple
- Strawberry Kiwi Juice

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- BBQ Pulled Pork Mac & Cheese
- Chicken Caesar Salad
- Cheeseburger
- Extreme Burrito
- Spinach and Cheese Calzone
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Petite Banana
- Pear

Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Grape Tomatoes
- Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk



SPORTS

All that are planning on playing Football next season need report to I5 on Wednesday during lunch. The meeting will last 15 minutes.

Monday, March 18

Baseball: Var/JV at Del Oro (4:00pm), bus 1:00pm, excused 12:30pm

Softball: Var/JV at Del Oro (4:00pm), bus 1:00pm, excused 12:30pm; FS vs. Del Oro (4:00pm)

Boys Tennis: Var vs. Golden Valley (3:00pm), excused 2:00pm; JV at Golden Valley (3:00pm), van 2:00pm, excused 1:45pm

Tuesday, March 19

Golf: Horizon League Meet 1 (N. Kern GC)

Wednesday, March 20

Baseball: Var/JV vs. Arvin (4:00pm), excused 2:30pm

Softball: Var/JV vs. Arvin (4:00pm), excused 2:30pm; FS at Arvin 4:00pm, bus 2:00pm, excused 1:30pm

Boys Tennis: Var at Mira Monte (3:00pm), van 2:00pm, excused 1:45pm; JV vs. Mira Monte (3:00pm), excused 2:00pm

Thursday, March 21

Golf: at Highland Trny, van 10:30am, excused 10:00am

Swimming: vs. Del Oro/Mira Monte (Kern Aquatic Center 3:30pm), bus 2:00pm, excused 1:30pm

Friday, March 22

Baseball: FS at West Tourney (at Stockdale), bus 2:00pm, excused 1:30pm

Boys Tennis: Var at Wasco Tourney (van TBD)

Track and Field: at RFK Invitational, bus 11:00am, excused 10:30am

Saturday, March 23

Baseball: FS at West Tourney (at West), bus 12:00pm

Boys Tennis: Var at Wasco Tourney (van TBD)

