

FOOTHILL HIGH SCHOOL BULLETIN

Women's History Month Focus

March is Women's History Month and this week we will be sharing interesting facts or bits of information to help celebrate Women this month. Today we highlight the first woman to travel to space. Not only was Valentina Tereshkova a record breaker when she went into orbit on June 16, 1963, she was only 26 years old at the time and held the title of the youngest woman to fly to space until that record was broken just last year by space tourist Anastatia Mayers, but Valentina remains the only female astronaut to make a solo space journey.

TROJANS

After school tutoring for Tuesday and Wednesday has been cancelled. Tutoring will be open on Thursday and will resume after Spring Break.

Seniors, this week is the time to order your senior shirt which includes personalization and your graduation year. Shirts are just \$20 in the finance office and the last day to order is this Thursday. If you purchased a senior package, you do not need to order one as it comes with your package.

It's spring spirit week. Did you dress up like your future old self today? If so, don't forget to check in at the tables outside the activities office to earn points and get entered to win. Speaking of winning, congrats to senior Delia Martinez Plascencia and sophomore Brianna Gutierrez Cruz for being selected as yesterday's winners. All Trojans have a chance to win every day and every time you check in. We will also have some games set out today at lunch so come play and earn points. Tomorrow's dress up day is Topical Vibes as we get ready for our upcoming spring break and celebrate with a lunch time food fair so don't forget to bring that extra cash for some delicious treats.

Breakfast

Main Entrée

- Strawberry Parfait
- Country Breakfast Calzone
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Cocoa Puffs Cereal

Fruit

- Fruit Punch Juice
- Pear

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Wet Burrito
- Chicken Filet Salad
- Sicilian Pizza
- Beef Chile Colorado Burrito
- Black Bean Burger
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Granny Smith Apple
- Very Berry Juice

Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Grape Tomatoes
- Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk



SPORTS

All that are planning on playing Football next season need report to I5 on Wednesday during lunch. The meeting will last 15 minutes.

Tuesday, March 19

Golf: Horizon League Meet 1 (N. Kern GC)

Wednesday, March 20

Baseball: Var/JV vs. Arvin (4:00pm), excused 2:30pm

Softball: Var/JV vs. Arvin (4:00pm), excused 2:30pm; FS at Arvin 4:00pm, bus 2:00pm, excused 1:30pm

Boys Tennis: Var at Mira Monte (3:00pm), van 2:00pm, excused 1:45pm; JV vs. Mira Monte (3:00pm), excused 2:00pm

Thursday, March 21

Golf: at Highland Trny, van 10:30am, excused 10:00am

Swimming: vs. Del Oro/Mira Monte (Kern Aquatic Center 3:30pm), bus 2:00pm, excused 1:30pm

Friday, March 22

Baseball: FS at West Tourney (at Stockdale), bus 2:00pm, excused 1:30pm

Boys Tennis: Var at Wasco Tourney (van TBD)

Track and Field: at RFK Invitational, bus 11:00am, excused 10:30am

Saturday, March 23

Baseball: FS at West Tourney (at West), bus 12:00pm

Boys Tennis: Var at Wasco Tourney (van TBD)

CLUBS

Come join Trojan's for Christ Bible club this Tuesday in room 910 for fellowship and food. Trojans for Christ is welcoming guest speaker Pastor Anthony from The Garden Church to speak about Passover, communion, and Easter. All denominations and beliefs are welcome to hear about God. Enjoy some good food and encouraging message from Pastor Anthony about how important Easter is. See you Tuesday in room 910.

Have you ever been inspired by the advancement of knowledge of the universe including, but not limited to, astronomical events, the celestial landscape, and general scientific inquiry? Join Mr. Gonzales in room 605 during lunch every Wednesday. We will explore current events of the cosmos and astrophysics and think of ways to explore the unknown through planetary sightings and incredible cosmic phenomena!

