March 22, 2023

3/18/24-3/22/24

FOOTHILL HIGH SCHOOL BULLETIN

Women's History Month Focus

March is Women's History Month and this week we will be sharing interesting facts or bits of information to help celebrate Women this month. Our final woman to highlight is Hedy Lamarr a woman who was most famous for being an actor but was also a gifted inventor. While on set for movies, Hedy would spend hours in her trailer, testing theories and experimenting with technology. One such idea would prove to be a game changer in wireless communication as it would later pave the way for the foundation for today's mobile phones, WiFi, Bluetooth, and, of course, GPS. Hedy is a great example of the power of women and their minds when they have time to be creative.

TROJANS

It's the last day of spring spirit week. Each day this week we have drawn winners of those who checked in at lunch, Yesterday's winners were Urvina Leyva and Sarah Granados – congratulations! If you wore your spring colors today be sure to check in to earn points and chances to win. And to help celebrate the upcoming Easter Break, we will be having an egg hunt during lunch today. All around campus during lunch today, if you find an egg, bring it to the activities office to trade it for a treat. And be on the lookout for a few special golden eggs which will earn you a special prize.

Trojans, if you have ever thought about becoming part of the leadership on campus, if you have ideas of changes you want to see on your campus, if you want to be part of the fun and activities, then ASB is the place for you! Applications to be a part of next year's ASB Student Council team are now open. Check Instagram, the school website, or the QR code on the Activities Office for more information. It's time to let your voice be heard!

SPORTS

Friday, March 22

Baseball: FS at West Tourney, bus 2:00pm, ex 1:30pm Boys Tennis: Var at Wasco Tourney Track & Field: RFK Invitational, bus 11:00am, ex 10:30am

Saturday, March 23

Baseball: FS at West Tourney, bus 12:00pm Boys Tennis: Var at Wasco Tourney



Breakfast

<u>Main Entrée</u>

Sausage Biscuit Sandwich Apple Cinnamon Oatmeal Round Trix Cereal Honey Nut Cheerios Cereal Cup Cocoa Puffs Cereal <u>Fruit</u> Strawberry Kiwi Juice

Red Apple <u>Milk</u> 1% Low Fat Milk Lactaid Fat Free Milk

Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

Bone-in Chicken Wings Soy Glaze Asian Salad Extreme Burrito Cheeseburger Spinach and Cheese Calzone Turkey and Cheese Sub Spicy Chicken Sandwich Uncrustable PB&J Sandwich **Fruit**

Fresh Pineapple pplesauce Unsweetened Cup

Vegetables

Spinach Fresh Cucumber Corn Black Beans Grape Tomatoes Carrots **Milk**

1% Low Fat Milk Lactaid Fat Free Milk Fat Free Chocolate Milk