

FOOTHILL HIGH SCHOOL

BULLETIN

TROJANS

SENIORS! Do you want to be a graduation speaker? Talk with your English teacher, Government teacher, or go to the counseling office and sign up. Speeches are due May 13th and auditions are on May 14th and May 15th during 6th and 7th period.

Want to bang on a drum all day? Then, come to Foothills marching band drumline tryouts. We will teach you the proper way to bang away. Drumline auditions will happen on April 30th and May 2nd from 6-9 p.m. join the band and march with us next year at football games, competitions, and community parades. We hope to see you next Tuesday and Thursday in room 804 at 6 p.m.

Iron Man Update: We have a Senior Boys team! We are still in need of 3 more Junior Boys, 5 Freshman, and 6 Sophomore! Are you interested in playing against the upperclassmen? What about your friends? Then come on out and sign up for Iron Man! Iron Man is a Boys Volleyball game, with each grade level competing with the one above. Seniors vs. Juniors, Freshman vs. Sophomore. The deadline for signing up is THIS FRIDAY! If you are interested, pick up your permission slip and pay the \$15 fee for your shirt. We can't wait to see more come out and participate in what is sure to be a great time!

Football will be hosting Powder Puff, a girls flag football game for juniors and seniors on May 22nd. Signups are now open but you must register by Monday the 6th. Pick up a permission slip in the finance office today so you can reserve your spot.

Breakfast

Main Entrée

- Peach Parfait
- Cinnamon Toast Soft Filled Bar
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Lucky Charm Cereal

Fruit

- Fruit Punch Juice
- Pear

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

LUNCH MENU

Main Entrée

- Rotini and Meat Sauce
- Chicken Filet Salad
- Beef Taco Crisp
- Sicilian Pizza
- Black Bean Burger
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

Fruit

- Granny Smith Apple
- Fruit Punch Juice

Vegetables

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Raw Broccoli
- Grape Tomatoes
- Carrots

Milk

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk



SPORTS

Tuesday, April 30

Track and Field: Horizon League Varsity Championships (4:00pm), excused after 6th period (**SENIOR NIGHT**)

Wednesday, May 1

Baseball: Var/JV at Golden Valley (4:00pm), bus 2:00pm, excused

1:30pm; FS vs. Golden Valley (4:00pm), excused after 6th period

Softball: Var/JV at Golden Valley (Var 4:45pm/JV 3:00pm), bus

1:45pm, excused after 5th period; FS vs. Golden Valley (4:00pm), excused after 6th period

Friday, May 3

Baseball: Var/JV vs. Golden Valley (4:00pm), excused after 6th period;

FS at Golden Valley (4:00pm), bus 2:00pm (with FS SB), excused 1:30pm

Softball: Var/JV vs. Golden Valley (Var 4:45pm/JV 3:00pm), JV excused

1:45pm, Var excused 3:15pm; FS at Golden Valley (4:00pm), bus 2:00pm (with FS BB), excused 1:30pm

Boys Tennis: Area Tourney (Individuals), van TBD, excused TBD

Swimming: Div. 2 Championships (TBD)

Saturday, May 4

Boys Tennis: Area Tourney (Individuals), van TBD

Swimming: Div. 2 Championships (TBD)

CLUBS

Attention all Foothill High School students and staff. La Raza Club will be celebrating NOCHE DE CULTURA 2024 on Friday, May 3rd here at our Foothill High School Quad. This event will be Friday May 3rd from 6-10 pm. Doors will open at 5:30 pm. NOCHE DE CULTURA 2024 will consist of our own D.J EC3 playing Spanish Music and 1 hour of live performance by Tamborazo Leyendas Del Rey. In addition, we will have special guests, and learn about the meaning of 5 de Mayo. Tickets are now available at the FINANCE OFFICE or any La Raza Club member for only \$10.00 Pre-sale, \$15.00 at the door. Unfortunately, this event is only open for Foothill High School students and staff. You will need your student I.D at all times. Don't forget to buy your tickets ahead so you don't miss this great event." Bring extra cash because there will be Tacos, Burritos, and Quesadillas from Taqueria Arandas and Uriels Crepes will also be selling different foods and drinks.

