

# FOOTHILL HIGH SCHOOL BULLETIN

## TROJANS

Attention Iron Man participants! Practices for Iron Man will begin on Monday, May 20th. Practice on the 20<sup>th</sup> and 21<sup>st</sup> will be from 5-6:30. Practice for May 22 will be from 4-5:30. The Iron Man game will be on May 23rd, beginning at 4 PM.

Trojans! Don't forget to come out and support your grade level! May 23<sup>rd</sup> at 4 PM, the fun begins. Come watch your grade level compete against one another in a volleyball tournament that is sure to be entertaining! Spread the word and come out and make some noise!

ROC & CTEC are now accepting applications for their evening programs! These classes are offered Tuesday-Thursday 5:30pm-8:30pm. If you need help with your application, please stop by the counseling office.

The last day for after school tutoring will be Thursday, May 23. There will be no tutoring in the cafeteria during finals week.

## SPORTS

All athletes (from any season) need to turn in all equipment and uniforms as soon as possible to the Trainer's Office outside the boy's locker room.

### Monday, May 20

Spring Athletic Awards: 6:00pm in the Peg Pauly Auditorium

### **Breakfast**

#### **Main Entrée**

Mini Powdered Donut

Mocha Crumble

Trix Cereal

Honey Nut Cheerios Cereal Cup

Lucky Charm Cereal

#### **Fruit**

Granny Smith Apple

Strawberry Kiwi Juice

#### **Milk**

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

### **LUNCH MENU**

#### **Main Entrée**

BBQ Pulled Pork Mac and Cheese

Chicken Caesar Salad

Cheeseburger

Extreme Burrito

Spinach and Cheese Calzone

Turkey and Cheese Sub

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

#### **Fruit**

Petite Banana

Pear

#### **Vegetables**

Spinach

Fresh Cucumber

Corn

Black Beans

Raw Broccoli

Grape Tomatoes

Carrots

#### **Milk**

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk



## 12 Days to go Trojans!

### **Tuesday, May 21**

Spring Hall of Fame Awards: 11:45am in/on the quad in front of the Admin Bldg

### **Wednesday, May 22**

Powderpuff Football: 6:00pm at the stadium

### **Thursday, May 23**

Ironman Volleyball: 4:00pm in the gym

### **CLUBS**

Come and join a new club called YTC. YTC stands for Youth Trojan Community; a club that involves wanting to make a happy investment in the lives of others. A happy investment might look like making hospitalized kids smile and improve their days with fun activities and more. This club is to show kids and parents in the hospital that we are there to give back and see people smile. If you're interested in joining, join us in room 816 at lunch this Thursday.

Chess Club will be meet in room 909 during lunch on Thursday, May 23<sup>rd</sup> to discuss plans for next year. Stop by if you're interested in joining chess club for next year!

