

# FOOTHILL HIGH SCHOOL BULLETIN

## TROJANS

Attention Iron Man participants! Practice today and tomorrow are from 4-5:30. The Iron Man game will be on May 23rd, beginning at 4 PM.

Powder Puff practice today will be from 4:30 to 5:30!

Trojans! Don't forget to come out and support your grade level! May 23rd at 4 PM, the fun begins. Come watch your grade level compete against one another in a volleyball tournament that is sure to be entertaining! Spread the word and come out and make some noise!

ROC & CTEC are now accepting applications for their evening programs! These classes are offered Tuesday-Thursday 5:30pm-8:30pm. If you need help with your application, please stop by the counseling office.

The last day for after school tutoring will be Thursday, May 23. There will be no tutoring in the cafeteria during finals week.

## SPORTS

All athletes (from any season) need to turn in all equipment and uniforms as soon as possible to the Trainer's Office outside the boy's locker room.

Hey Trojan Cheerleaders! If you missed the info session last Friday, get ready for one final opportunity to secure your spot on the squad! Head over to room 901 after school today at 4 pm for our last informational meeting! We've got a jam-packed schedule, so don't be fashionably late! Catch you later!



### **Breakfast**

#### **Main Entrée**

- Strawberry Parfait
- Country Breakfast Calzone
- Trix Cereal
- Honey Nut Cheerios Cereal Cup
- Lucky Charm Cereal

#### **Fruit**

- Fruit Punch Juice
- Pear

#### **Milk**

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

### **LUNCH MENU**

#### **Main Entrée**

- Wet Burrito
- Chicken Filet Salad
- Sicilian Pizza
- Beef Chile Colorado Burrito
- Black Bean Burger
- Turkey and Cheese Sub
- Spicy Chicken Sandwich
- Uncrustable PB&J Sandwich

#### **Fruit**

- Granny Smith Apple
- Fruit Punch Juice

#### **Vegetables**

- Spinach
- Fresh Cucumber
- Corn
- Black Beans
- Raw Broccoli
- Grape Tomatoes
- Carrots

#### **Milk**

- 1% Low Fat Milk
- Lactaid Fat Free Milk
- Fat Free Chocolate Milk

# 11 Days to go Trojans!

## **Tuesday, May 21**

Spring Hall of Fame Awards: 11:45am in/on the quad in front of the Admin Bldg

## **Wednesday, May 22**

Powderpuff Football: 6:00pm at the stadium

## **Thursday, May 23**

Ironman Volleyball: 4:00pm in the gym

## **CLUBS**

Come join Trojan's for Christ Bible club this Tuesday in room 910 for fellowship and food. Trojans for Christ is welcoming guest speaker Nick Holsey from The Garden Church to speak about summer transitions whether you're a freshman becoming a Foothill veteran or a senior moving on to life after high school. All denominations and beliefs are welcome to hear about God. Enjoy some good food and encouraging message. See you all Tuesday in room 910.

Come and join a new club called YTC. YTC stands for Youth Trojan Community; a club that involves wanting to make a happy investment in the lives of others. A happy investment might look like making hospitalized kids smile and improve their days with fun activities and more. This club is to show kids and parents in the hospital that we are there to give back and see people smile. If you're interested in joining, join us in room 816 at lunch this Thursday.

Chess Club will be meet in room 909 during lunch on Thursday, May 23<sup>rd</sup> to discuss plans for next year. Stop by if you're interested in joining chess club for next year!

