

# FOOTHILL HIGH SCHOOL BULLETIN

## TROJANS

Attention Iron Man participants! Today is from 4-5:30 Trojans! Don't forget to come out and support your grade level! May 23<sup>rd</sup> at 4 PM, the fun begins. Come watch your grade level compete against one another in a volleyball tournament that is sure to be entertaining! Spread the word and come out and make some noise!

ROC & CTEC are now accepting applications for their evening programs! These classes are offered Tuesday-Thursday 5:30pm-8:30pm. If you need help with your application, please stop by the counseling office.

The last day for after school tutoring will be Thursday, May 23. There will be no tutoring in the cafeteria during finals week.

## SPORTS

All athletes (from any season) need to turn in all equipment and uniforms as soon as possible to the Trainer's Office outside the boy's locker room.

### Wednesday, May 22

Powderpuff Football: 6:00pm at the stadium

### Thursday, May 23

Ironman Volleyball: 4:00pm in the gym

## CLUBS

The Youth Trojan Community Club is meeting today during lunch in room 816. Come by to see what we're about!

Chess Club will be meet in room 909 during lunch on Thursday, May 23<sup>rd</sup> to discuss plans for next year. Stop by if you're interested in joining chess club for next year!

Come join Trojan's for Christ Bible club this Thursday in room 910 for fellowship and food. Trojans for Christ is welcoming guest speaker Pastor Jerry Fernandez from Transformation Church to speak about who's in the boat with you during the storms of life. All denominations and beliefs are welcome to hear about God. Enjoy some good food and encouraging message. See you all Thursday in room 910.

### **Breakfast**

#### **Main Entrée**

Pancake Sausage on a Stick  
Apple Nada  
Trix Cereal  
Honey Nut Cheerios Cereal Cup  
Lucky Charm Cereal

#### **Fruit**

Strawberry kiwi Juice  
Diced Peach Cup

#### **Milk**

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk

### **LUNCH MENU**

#### **Main Entrée**

Sushi  
Chef Salad  
Cheeseburger  
Extreme Burrito  
Spinach and Cheese Calzone  
Turkey and Cheese Sub  
Spicy Chicken Sandwich  
Uncrustable PB&J Sandwich

#### **Fruit**

Orange  
Seedless Grapes

#### **Vegetables**

Spinach  
Fresh Cucumber  
Corn  
Black Beans  
Raw Broccoli  
Grape Tomatoes  
Carrots

#### **Milk**

1% Low Fat Milk  
Lactaid Fat Free Milk  
Fat Free Chocolate Milk