

# FOOTHILL HIGH SCHOOL BULLETIN

## TROJANS

Trojans! Don't forget to come out and support your grade level! May 23<sup>rd</sup> at 4 PM, the fun begins. Come watch your grade level compete against one another in a volleyball tournament that is sure to be entertaining! Spread the word and come out and make some noise!

ROC & CTEC are now accepting applications for their evening programs! These classes are offered Tuesday-Thursday 5:30pm-8:30pm. If you need help with your application, please stop by the counseling office.

The last day for after school tutoring will be Thursday, May 23. There will be no tutoring in the cafeteria during finals week.

## SPORTS

All athletes (from any season) need to turn in all equipment and uniforms as soon as possible to the Trainer's Office outside the boy's locker room.

### Thursday, May 23

Ironman Volleyball: 4:00pm in the gym

## CLUBS

Chess Club will be meet in room 909 during lunch on Thursday, May 23<sup>rd</sup> to discuss plans for next year. Stop by if you're interested in joining chess club for next year!

Come join Trojan's for Christ Bible club today Thursday in room 910 for fellowship and food. Trojans for Christ is welcoming guest speaker Pastor Jerry Fernandez from Transformation Church to speak about who's in the boat with you during the storms of life. All denominations and beliefs are welcome to hear about God. Enjoy some good food and encouraging message. See you all Thursday in room 910.

### **Breakfast**

#### **Main Entrée**

EggStravaganza Bowl

Goody Bun

Trix Cereal

Honey Nut Cheerios Cereal Cup

Lucky Charm Cereal

#### **Fruit**

Fruit Punch Juice

Petite Banana

#### **Milk**

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

### **LUNCH MENU**

#### **Main Entrée**

Jerk Chicken and Rice

Chicken Caesar Salad

Sicilian Pizza

Beef Chile Colorado Burrito

Black Bean Burger

Turkey and Cheese Sub

Spicy Chicken Sandwich

Uncrustable PB&J Sandwich

#### **Fruit**

Apple Slices

Fruit Punch Juice

#### **Vegetables**

Spinach

Fresh Cucumber

Corn

Black Beans

Raw Broccoli

Grape Tomatoes

Carrots

#### **Milk**

1% Low Fat Milk

Lactaid Fat Free Milk

Fat Free Chocolate Milk

